

PERSONAL REFLECTION GUIDE

8/30/26

At Southland Church, we are committed to help you KNOW Christ, LIVE like Him, and make Him KNOWN. This guide is designed to help you reflect on and apply what you learned from the sermon this weekend. Use this guide with your Life Group or as a quiet time during the week.

- What main point from the sermon stood out to you? What did the Holy Spirit convict you of or encourage you with?
- Have you ever experienced a time when God provided for you in an unexpected way? If so, what happened?
- **Read Exodus 15:22-27.** Immediately after the Red Sea, Israel faced a major trial. Why should we expect trials and not be surprised when they come?
- God performed a miracle by turning bitter water, sweet. Do you think that impacted the Israelites' faith or were they quick to forget? How prone are we to forget the ways God has worked on our behalf?
- Is complaining always the wrong way to respond to our circumstances? Why?
- **Read Exodus 16:1-18.** Why do you think God provided manna on a daily basis rather than a weekly or monthly basis? What does this tell us about God's provision?
- Do you think the Israelites were justified in complaining? Why or why not?
- What is the difference between complaining to others and presenting our needs before the Lord? Why is there a vast difference between these behaviors?
- **Read Exodus 16:19-36.** It's easy to see the Israelites' lack of faith here, but in what ways might modern believers demonstrate a similar unbelief?
- What are things you rely on God for on a daily basis? How might our "lack" actually be a gift that keeps us close to God?
- What challenging circumstances are you facing that can help you stay close to God and seek Him daily? What is a godly way to confront that challenge?
- How can you remember the ways God has provided – and will continue to provide – for you?
- Based on this passage or the sermon, what is one step of obedience the Holy Spirit is leading you towards this week?

LOOKING AHEAD TO NEXT WEEK

Refer to Bible Reading Plan at <https://www.southlandsc.org/bible-reading-plan-exodus>



We're looking for 50 new people to serve at Southland. Join worship, kids, students, welcome, care, production, or logistics team. Scan the QR code to get started!

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SERMON TITLE: GIVE US THIS DAY

HIGHLIGHT: EXODUS 16:1-21

Main Idea: Whether we have little or much, God calls us to _____ on Him daily.

EXPLANATION

When life is hard, we can forget God is our _____ (16:1-12).

God provides enough for today and calls us to _____ Him for tomorrow (16:13-21).

_____ can trick us into trusting ourselves (Deuteronomy 8:2-19).

Jesus is the _____ we ultimately need (John 6:32-35).

APPLICATION

Depend on God _____.

Thank God for His _____.

Share God's provisions _____.

RESPOND: What is your specific next step in response to God's Word today?

SERMON TITLE: SEE HIS GLORY

HIGHLIGHT: EXODUS 16:1-21

Main Idea: Whether we have little or much, God calls us to _____ on Him daily.

EXPLANATION

When life is hard, we can forget God is our _____ (16:1-12).

God provides enough for today and calls us to _____ Him for tomorrow (16:13-21).

_____ can trick us into trusting ourselves (Deuteronomy 8:2-19).

Jesus is the _____ we ultimately need (John 6:32-35).

APPLICATION

Depend on God _____.

Thank God for His _____.

Share God's provisions _____.

RESPOND: What is your specific next step in response to God's Word today?