

Session 5: Intimacy and Sex

- This session will be conducted with the men and women separately.

Homework:

Read chapters 7 & 8 from *Love that Lasts*, OR Listen to the audio, Premarital Session 5, "It Never Has to Get Old" & "Just the Two of You" (the engaged couple should not read chapter 8 together) "A Passionate Pursuit"

Objective: Have a desire for really good, God-glorifying sex in marriage

Scripture Study: 1 Corinthians 7:1-5; Song of Songs 4:1-5:1; Proverbs 5:15-19

1. In 1 Corinthians 7, why does Paul say that a husband/wife should not deprive his/her spouse of sex?
2. Do you agree or disagree with these statements. Why?
 - Romance requires effort.
 - Romantic actions will lead to romantic feelings.
 - A weekly or regular date night after the wedding is important.
3. How is sex within marriage a gift from God?

Recommended Resources:

- *Sex, Romance, and the Glory of God* by C.J. Mahaney
- "Your Looks: What the Voices Say and the Images Portray" by David Powlison, *Journal of Biblical Counseling*, 15:2 (Winter 1997)
- "Unconditional Love?" by David Powlison, *Journal of Biblical Counseling*, 12:3 (Spring 1994)
- "Is Jealousy Always Wrong" by John F. Bettler, *Journal of Biblical Counseling*, 18:1 (Fall 1999)
- *The Complete Husband* by Lou Priolo
- *The Excellent Wife* by Martha Peace
- *Feminine Appeal* by Carolyn Mahaney