

## 2025-2026 Statement of Health and Screening Form

Student Name:	DOB	
Fall Grade Level:	Age: Gender: M / F	
1. Doctor's Statement: I have examined the ohysically able to take part in the school pro	he above-named student and find he/she is ogram without restrictions.	
Physician's Signature	Date	
Physician's Name:	Hearing Results: RL_	
Address:	Vision Results: RL_	
	AN Screen:	N/A
Phone Number <u>:</u>	Spinal Screen:	N/A
	Attached: Deferred:	

## 2. Health screenings:

Per state law, **vision and hearing screening** are required for children age 4 years old as of Sept 1, or in grades Kinder, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup>.

**Acanthosis nigricans screening** is required for 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> to help identify those at high risk for developing type 2 diabetes. It is a quick visual inspection to the back of the neck.

**Spinal screening** is required for girls in the fall semester of 5<sup>th</sup> grade and then again in the fall semester of 7<sup>th</sup> grade. Boys require only one spinal screening in the fall semester of 8<sup>th</sup> grade.

Please send a copy of the screenings performed by your family physician or have them fill out the spaces above. Otherwise, please plan to register for the health screening day at school in September.

## 3. Immunizations:

Per state law, to be admitted to the school you must submit an updated immunization record or complete an exemption form found on the <a href="https://www.dshs.texas.gov">https://www.dshs.texas.gov</a> website. Please check with your physician's office to make sure your child is up to date with the immunization schedule and submit any necessary forms to the health office as soon as possible.

Please return this completed statement of health form. In lieu of this statement of health form, an official statement of health form from your family physician will also be accepted.