Kids Camp – Heartland Center



# Friday

- 8:30 a.m. Loading of supplies
- 9:00 a.m. Children arrival
- 9:15 a.m. SWBC Departure
- 10:00 a.m. Camp Arrival Settle / Rules
- 10:30 a.m. Game
- 11:45 a.m. Lunch (camp provided)
- 12:30 p.m. Girls Horse rides (older girls)/games w/younger girls Guys – "Man training"
- 1:30 p.m. Girls Horse rides (younger girls)/games w/older girls Guys – target sports
- 3:00 p.m. Lesson #1
- 4:45 p.m.– Swimming
- 6:00 p.m. Campfire dinner (SWBC)
- 7:30 p.m. Lesson #2 then snacks
- 9:00 p.m. Get ready for bed
- 9:30 p.m. Bedtime

Saturday

- 7:30 a.m. Wake-up
- 8:30 a.m. Breakfast (SWBC)
- 9:00 a.m. Hike
- 10:15 a.m. Lesson #3
- 11:15 a.m. Game/free time
- 12:00 p.m. Lunch (camp provided)
- 1:00 p.m. Swim
- 2:15 p.m. Lesson #4
- 3:30 p.m. Pack to leave
- 4:15 p.m. Leave
- 5:00 p.m. Pick up at SWBC

# What To Bring

## **Supplies**

Light Jacket or sweater (*it can be chilly in the morning*) Pajamas (*appropriate to wear with whole group, i.e. shorts and t-shirt*) One Piece Swimsuit (*girls may wear a non-see-through t-shirt over a two piece*) Swim towel and shower towel Athletic shoes or strap-on sandals (*there is a lot of walking through grass, gravel drives, activities may include gaga ball, hiking, kickball, soccer, frisbee, etc.*) Toiletries (Toothbrush, toothpaste, Comb/Hairbrush, Soap, Shampoo, Deodorant, Sunscreen) Insect repellant Bible / Pen / Notebook or Journal Sleeping bag or bed roll, pillow, or twin-size bedding (*we sleep in a bunk house, but need to be prepared to sleep on cot if necessary*)

### Medication

All medication will be kept in the kitchen unless there is some other need that is communicated with leadership. Please place any meds in a Ziploc bag with written directions of when, how much, and the child's name.

NO Electronic Devices of any kind (phones, games, tablets, etc.)

If you need to get hold of a child for any reason, Julie Harris, Dawson Bryant, and Philip Fulmer are your primary contacts:

Julie Harris: 816-793-0273 Dawson Bryant: 816-277-8525 Philip Fulmer: 501-505-6596

Please be mindful that service can at times be spotty and activities will be happening so leaders may not immediately respond.

#### Snacks

Be aware that *PLENTY* of food and snacks are provided for your child(ren) and snacks often are not needed unless there is a medical issue.

Be Mindful - Anything that gets packed is the responsibility of your child to make sure it returns home. We do our best to check for left-behind materials but if you don't want it lost it might be best not to go.