Men of the Word

Discipleship counseling – January-May, 2025

# Focus.

Our focus for January-May will be on Discipleship Counseling, that is, applying the discipleship process to some of the most pressing and complicated issues of life. The class seeks to develop our ability to skillfully apply God’s word, confident in its sufficiency, to help people become more like Christ – but in specific areas of their life where they are struggling.

# Process

We will meet each Tuesday morning to talk through any reading assignments and cover a specific topic.

We want our time to be interactive, so feel free to come with relevant questions and to engage in active participation each time.

# Assignments

We ask you to have the material to be read completed by the time class begins each week.

Please also think through practical questions that probe how the principles and passages are applied, could be applied or should be applied at SWBC or in another church context.

We will provide some notes for each week participants can use during the discussion.

## Book (participants will secure for themselves)

We will only use one book, *Instruments in the Redeemer’s Hands*, by Paul David Tripp. We will spend about 30 minutes talking through the content of the chapter and then the rest of our time discussing a particular topic about Discipleship Counseling.

# Schedule

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| **Date** | **Book** | **Topic** |
| January 7 | CANCELLED - SNOW |  |
| January 14 |  | Intro/Theological Foundations |
| January 21 | Ch 1 | Christianity & Psychology |
| January 28 | Ch 2 | Correctives to Integration & Definition of Discipleship Counseling |
| February 4 | NO MEETING | NO MEETING |
| February 11 | Ch 3 | Practical Methods |
| February 18 | Ch 4 | How to Help People Change 1 |
| February 25 | Ch 5 | How to Help People Change 2 |
| March 4 | NO MEETING | NO MEETING |
| March 11 | Ch 6 | How to Help People Change 3 |
| March 18 | Ch 7 | How to Help People Change 4 |
| March 25 | Ch 7 | Q/A Session |
| April 1 | Ch 8 | Frequent Issues – Anger 1 |
| April 8 | Ch 9 | Frequent Issues – Anger 2 |
| April 15 | Ch 10 | Frequent Issues – Fear & Worry 1 |
| April 22 | Ch 11 | Frequent Issues – Fear & Worry 2 |
| April 29 | NO MEETING |  |
| May 6 | NO MEETING |  |
| May 13 | Ch 12 | Frequent Issues – Depression & Despair 1 |
| May 20 | NO MEETING |  |
| May 27 | Chs 13 & 14 | Frequent Issues – Depression & Despair 2 |