# 5/10 TBM Personal Liturgy Guide



### Personal Liturgy

We encourage you to devote some time to engage deeply & directly with God, worshipping in unity with the entire TBM community in the same liturgy, despite our physical separation. The order below is a suggestion that we think would be beneficial, but you can re-arrange the same elements in another order if you feel led to.

- 1. Worship- In every circumstance, God is worthy of our worship, so any expression of worship is encouraged. You can join our church-wide time of worship songs & prayer via Zoom at 10:00 AM on Sundays; listen & sing along to music (a Spotify playlist for the week will be available on the church's Spotify profile "thebridgemontrose"); read Psalms of praise & adoration; or utilize your musical talent to sing worship songs.
- **2. Prayer-** This is where the power is: in our listening, petitioning, and crying out to the Lord. Prayer should be peppered throughout the liturgy (before/after teaching, before communion, etc.).
- **3. The Word-** God's Word is an essential source of God's truth & love, which sustain & enrich our lives. You can watch the Bible teaching video posted on YouTube then work through the journal questions provided below, or personally work through the outline & journal questions.
- **4. Communion-** This is an essential act of remembrance, thanksgiving, and celebration of our union with Christ, and also serves as an act of profession of our faith in His life, death, resurrection, and return (Matthew 26:26-29; Luke 22:14-20; 1 Corinthians 11:23-26; Acts 2:42). If you profess faith in Jesus as your Lord & Savior, you can break bread and drink juice/wine to partake of, or celebrate communion over a meal that symbolizes God's provision of life.
- **5. Offering** Offering is a continuation of our worship by giving back some of what God has graciously given to us. Now more than ever, giving is an act of sacrifice that can feel costly. But by holding everything in our lives with open hands (including our finances), we practice trust in God as our Provider. We invite households to give with a grateful heart by texting bridgemontrose to 77977 and following the prompts to give online. Pray over the offering- praising God as our Provider and for the ministries the funds support, to spread the Gospel and equip our people.

# After the Liturgy

- **Pray-** The life of a disciple is marked by one who lives in communion with the Spirit through prayer. Therefore, pray regularly for the church, neighbors, family, friends, non-believers in your life, and your role in the mission of Jesus to participate in The Great Commission, winning people to Jesus.
- **Act-** Active disciples of Jesus are adoptive children of God. Therefore consider, plan, and act upon any significant attitudes, beliefs, or practices related to a change of head, heart, and hands that was discussed in this week's liturgy related to your personal growth and expression of being a disciple (follower) of Jesus.
- **Share-** As disciples of the way of Jesus, we are to be living examples, evangelists, and lights of hope to the world resulting from our new identity in Him. What did you learn, witness, or experience in this week's gathering that should be shared with someone else? Pray for an opportunity to share and extend an invitation to learn more about Jesus.

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**Journal Questions:** Pick a couple questions to respond to, then reach out and share with at least one other person. Questions came from Christ-Centered Exposition Philippians. (Purchase HERE.)

### **Discussion Questions** (from Christ-Centered Exposition Philippians)

- START WITH What did the Holy Spirit reveal to you through this teaching and the time you spent studying Philippians 4:1-9 on your own?
- Possible follow-up questions:
  - Paul talks about 4 truths of how we can stand firm- we are to pursue relational unity, starts through personal worship, you are responsible to and for everyone in the church, our peace and hope are from the God, not the world.
    - Which of these is the most natural for you?
    - Which of these is a struggle for you?
    - What ways can we help each other grow in these truths?
  - o How does unity in the Body of Christ (the Church) glorify God and progress the Gospel?
  - o How do we pursue relational unity?
  - o What does anxiety do to you? How does it affect others around you?
    - What three things does Paul tell us in Philippians 4:6-7 about dealing with anxiety?
  - o What are the implications if you look at everyone as your family, not just another church member?
  - How do we take responsibility for ourselves and each other?
  - o What gives you a false sense of peace? How do you find peace in the Lord instead?
  - o What is one action step you can take this week?

#### Worship

- Psalm 56
- Suggested Songs (recordings available on "thebridgemontrose" Spotify playlist "this coming Sunday")
  - o "10,000 Reasons" by Rend Collective
  - o "Call Me Higher" All Sons & Daughters
  - o "In Christ Alone" Kings (MHM)

If you are not already in a House Church, please join! This is our main avenue to stay connected with, care for, and respond to each other's needs. You can find more information at our website- www.thebridgemontrose.org/transformationgroups or email <a href="mailto:connect@thebridgemontrose.org">connect@thebridgemontrose.org</a>.