

Daily Engagement Guide

We know that time is a finite resource and all of us, most likely, feel maxed out. And if you scanned the page below, there is a chance you already feel overwhelmed. If that's you, take a deep breath, know that you are loved and accepted by God right now, and let us encourage and invite you to something more. For all of us, the trial of life comes from the things that push against us living out and experiencing what we were created for. For Christ-followers*, we would say that is living out of your identity in Christ. In order to live out of our identity in Christ, Jesus invites into and calls us to pursue an "abiding life" (John 15:3-5). What you see below are what can be called "abiding habits" that will nurture and cultivate the abiding life in Christ and living out of your identity in Him. We pray this encourages you to make some adjustments to make room for these transforming abiding habits.

*If you are not a follower of Jesus, this is still for you as well. Just like anyone else, you long for wholeness, peace, purpose, and freedom. We humbly submit to you and invite you to consider Jesus. Join in with us in this journey and, if you are not already, let us help you connect to a community that can lovingly and patiently walk alongside you as you seek... no time limits, no prerequisites.

Keeping the Hours: *Cultivate a deep Spiritual Life through three simple daily focuses.*

1. Communion- Be with God (15-30min)

- Read through a Psalm (from daily reading plan or cycle through on your own)
- Read your texts Bible reading plan or from a devotional.
- Journal (at least in list form)
 - Who does God reveal Himself to be in these passages?
 - What is the Holy Spirit revealing to you?
 - What are you going to do about (today if possible)?

2. Cooperation- Walk with God all day.

- As you go throughout your day, ask God to show you where He is already working and how you can join in

3. Contending: Praying for Needs and Gospel Ministry (10 to infinite minutes)

- End your day praying for *God's Kingdom come, God's Will be done on behalf of yourself, others, and external needs.*

Additional opportunities you can incorporate into your prayer and devotional time.

- First Five and People Map
- Prayer Request lists
- Daily Examen
- ACTS Prayer
- Gospel Centered Prayer
- Root to Fruit/Fruit to Root