

## **Mark 14:53-15:47 Reflection Guide**

*Take 30 minutes to read, reflect, and enjoy this time of being with Jesus.*

**Read** Mark 14:53-15:47

**Make** a list of everything that Jesus suffered and endured.

**Read** and **Reflect** on Hebrews 12:2-3 — “<sup>2</sup>looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God. <sup>3</sup>Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.”

*We know that all Jesus did and does is for the glory of God but we also see that His humility and selflessness is also aimed at us. Jesus endured what He did for you and for me... for our salvation and for a daily eternal hope.*

**Pray** and **ask** the Holy Spirit to help you deeply experience what Jesus went through. Feel free to journal your thoughts and experience if that is helpful.

**Look** at your list of what Jesus endured. Next to each item, write,

**“He did that for me.”**

**Reflect** on what that says about our Savior and what that says about you.

**Read** Mark 15:33-34 — “<sup>33</sup>And when the sixth hour had come, there was darkness over the whole land until the ninth hour. <sup>34</sup>And at the ninth hour Jesus cried with a loud voice, “Eloi, Eloi, lema sabachthani?” which means, “My God, my God, why have you forsaken me?”

*Physical Darkness is often used to point to the spiritual darkness of turning away from God. Any time we turn to any other source of hope, peace, refuge, or salvation, we find ourselves in the desolation of spiritual darkness separating ourselves from the light and love of God in Christ.*

**Write** down everything you turn to instead of the hope and salvation of Jesus. (i.e. money, influence, reputation, comfort, etc...)

**Pray** that the Holy Spirit would steer your heart to hunger and thirst for the only one that truly satisfies and brings the light and love of life, JESUS.

**Confess** and **Proclaim**, “Truly, this Man is the Son of God!”