



We All Need a Deliverer

May 2, 2021

Romans 7:1-25 (ESV)

Or do you not know, brothers—for I am speaking to those who know the law—that the law is binding on a person only as long as he lives? ²For a married woman is bound by law to her husband while he lives, but if her husband dies she is released from the law of marriage. ³Accordingly, she will be called an adulteress if she lives with another man while her husband is alive. But if her husband dies, she is free from that law, and if she marries another man she is not an adulteress.

⁴Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, in order that we may bear fruit for God. ⁵For while we were living in the flesh, our sinful passions, aroused by the law, were at work in our members to bear fruit for death. ⁶But now we are released from the law, having died to that which held us captive, so that we serve in the new way of the Spirit and not in the old way of the written code.

⁷What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, “You shall not covet.” ⁸But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness. For apart from the law, sin lies dead. ⁹I was once alive apart from the law, but when the commandment came, sin came alive and I died. ¹⁰The very commandment that promised life proved to be death to me. ¹¹For sin, seizing an opportunity through the commandment, deceived me and through it killed me. ¹²So the law is holy, and the commandment is holy and righteous and good.

¹³Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure. ¹⁴For we know that the law is spiritual, but I am of the flesh, sold under sin. ¹⁵For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree with the law, that it is good. ¹⁷So now it is no longer I who do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. ¹⁹For I do not do the good I want, but the evil I do not want is what I keep on doing. ²⁰Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do right, evil lies close at hand. ²²For I delight in the law of God, in my inner being, ²³but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will deliver me from this body of death? ²⁵Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

MESSAGE NOTES

WE ALL NEED A DELIVERER

The Law was **helpless** to save Israel
Because people are **powerless** against sin.
This is why **God provided a deliverer.**

The “I” Chart of Romans 7

vv. 7-13 Paul? Israel? Adam?

CLUE 1: The problem was with one specific commandment.

CLUE 2: The commandment is “do not covet.”

CLUE 3: Adam was alive before the Law.

CLUE 4: Sin is alive in this text.

CLUE 5: Sin required knowledge of the commandment.

vv. 14-25 Paul before Christ? Paul after Christ?

Past tense to present tense.

Changing gears in v. 14

1. The Law was helpless to save Israel.

vv. 12-13

2. People are powerless against sin.

vv. 18-20 the struggle is real

vv. 21-22 The Law of Sin vs The Law of the Mind

3. This is why God provided a Deliverer.

vv. 4-6 the old way of the Law has been replaced with a new way of the Spirit

And so...

GOING DEEPER

We want to encourage you to invest more time into the book of Romans. Like we said, we won't be looking at EVERYTHING in Romans but we will be looking at ENOUGH. Here are some ways for you to go deeper into Romans:

Pray about what you learned today.

If God spoke to you today, find a quiet space and take the time to respond to God in prayer.

Huddle up with some friends.

Join with one of our Home Groups that is going through Romans. Email micah@thecrosspointchurch.ca to learn how to join a group.

Do a deeper Bible Study.

You can access our Home Group study for the week at thecrosspointchurch.ca/notes. Do the "Deeper in the Word" session for yourself.

Read through the entire book of Romans.

In fact, we encourage you to do it a few times, in different translations. Not sure what translations to use? Try the NIV, ESV, NLT, NASB, and The Message. If you need more translations of the Bible you can access them [here](#).

<https://www.biblegateway.com/passage/?search=Romans+1&version=ESV>

Watch the Bible Project's "Romans" video on YouTube.

Check out the first of two videos [here](#).

https://www.youtube.com/watch?v=ej_6dVdJSIU

Read "Paul for Everyone: Romans, Part One" by N.T. Wright as you go through the series.

You can order a copy [here](#).

https://www.amazon.ca/Paul-Everyone-Romans-Pt-1/dp/0664227996/ref=sr_1_1?dchild=1&keywords=paul+for+everyone%3A+romans+part+one&qid=1610250858&sr=8-1

Take the free Biblical Training online course with biblical scholar Douglas Moo.

Sign up for the course [here](#).

https://www.biblicaltraining.org/romans/douglas_moo

Read and pray through Romans in 31 days.

These don't need to be consecutive days! You can find a helpful guide [here](#).

<https://www.crosswalk.com/faith/prayer/an-easy-and-powerful-31-day-plan-to-pray-through-romans.html>