



# **MOUNTAIN TEACHINGS**

JESUS' VISION FOR LIFE

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## **WELCOME!**

Thank you for your willingness to be a small group leader. It is no small or simple task. You are a shepherd of God's people, on the front lines of making disciples. I am so grateful for your willing sacrifice of your time and energy to bring others closer to Jesus, by creating environments for spiritual growth. Learning communities like yours are an integral part of ministry at Crosspoint Church, and because of each one of you, many of those spaces have been created. I want you to know that you are a gift to our Church family and the Body of Christ as we seek to help people grow deeper in their relationship with Jesus.

We have created this guide to help provide resources as you lead your small group during our sermon series "Firm Foundation." The Discovery Bible Study Method (DBS) is a simple, structured way of opening the Bible with someone so that they encounter God directing through His living Word. The aim is to allow participants to discover God's truth for themselves rather than relying on a leader. As the leader, you are there to empower them to pray, not to have all the answers. This guide will help you to facilitate your group as you engage in the Bible with one another.

I am thankful for each one of you, and it is a pleasure to follow Jesus with you.

Pastor Micah Emerson, Crosspoint Church.

# HOW TO LEAD A GROUP

## LET'S GET STARTED!

Thank you for serving Jesus and His church as a small group leader during the “Firm Foundation” series!

Small Groups are groups where friends/family come together to see for themselves what the Bible says and how it can affect their lives. For the “Firm Foundation” series we will be using the Discovery Bible Study method to guide our Small Group gatherings.

Anyone can facilitate a group! Just gather some friends/family and follow the outline and ask the questions below:

### Connect

Ask a regular group member to pray and begin your group time by connecting with God. Then, use one or more of the following questions to connect as a group:

- What are you thankful for?
  - What's a challenge you are facing?
  - How did you do with your last 'I Will' statement?
  - Did you share what we talked about with anyone?

In the “Connect” section, we will occasionally include personal questions. We want our groups to be a safe place where people can be open and honest. To create a safe space where people can be open and honest, leaders will need to be comfortable with vulnerability and willing to remind people that our intention is to be a safe space for exploration of the topics. Our hope in crafting the small group guide is that the “Connection” section will help create a space to share, and the “Discover” section will help group members encounter Jesus and hear what he has to say about what is being discussed.

## Discover

Read the scripture passage and then have someone put the passage in their own words.

- What stands out to you?
- What does this text say about God?
- What does this text say about people?

The three questions listed above will be the standard questions used in the Discover section each week. An additional question may be provided from time to time in the Discover section to connect the passage with that week's sermon.

## GO

The goal of this section is for each person to create "I will \_\_\_\_" statements that move group members from thinking and processing to action. Encourage members to share their "I will" statements with the group or to email them to the group within 48 hours so that the entire group can pray for them and encourage them as they apply what was discussed to their lives.

Use the following questions to guide you through this section:

1. How can you live this out in the next few days? (Create an 'I Will' statement)
2. Who are you going to tell about what you discovered?

## Pray

Ask one or more members of the group to pray for any of the challenges identified during the connect time and for each member, that they will carry through with their "I will" statements.

### Tips for Facilitating

1. Ask Questions, Don't Teach (let scriptures teach, not you)
2. Focus on Obedience, not just Knowledge (knowledge best flows from obedience, not the opposite)
3. Pass off Leadership (don't let it be dependent on you)
4. Stay in the passage (puts everyone on the same page)
5. Always model easy reproducibility (don't complicate the process too much)

### Principles to Remember:

Discovery Bible Studies are about:

#### Discovery Learning (not Proclamational Teaching)

- Discovery Groups allow people not just to consume information, but instead to actively pursue truth.

#### Obedience-Focused Discipleship

- Learning information doesn't change lives. DBS focuses on applying what Jesus tells us, and in that step of obedience, we experience something way more powerful than mere knowledge.

#### Immediate Sharing & Multiplication

- Changed lives make others notice. When people share what's happening, it tends to go viral...

Adapted from <https://www.dbsgroups.com>

# WEEK 1 - OVERVIEW - MATTHEW 5-7

OCTOBER 13TH, 2024

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – 1 Peter 2:11-12

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

## WEEK 2 - BEATITUDES

OCTOBER 20TH, 2024

### Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### Discover – Matthew 5:3-12

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### Pray

## **WEEK 3 - SALT & LIGHT**

OCTOBER 27TH, 2024

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 5:13-16**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

Being Salt and Light requires margin in our lives to preserve space for God and others. Take a look at your schedule this week. How can you create more space to be Salt and Light?

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**

## **WEEK 4 - A NEW WAY**

**NOVEMBER 3RD, 2024**

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 5:17-20**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

We will not grow in our relationship with God without an intentional practice of reading and memorizing scripture. This week, we encourage you to practice memorizing scripture, allowing it to be the thing that will fill your mind and heart. Consider memorizing either Psalm 23 or 1 Cor.13:4-7 this week.

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**



# WEEK 5 - RADICAL RECONCILIATION

NOVEMBER 10TH, 2024

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 5:21-26

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## Practice

If you want to take active steps to apprentice with Jesus and become the kind of person that Jesus describes, one of the best spiritual practices is meditative prayer. It is a profoundly formative activity that invites the transforming work of the Spirit and it's fruit. How? First, get comfortable, breathe deeply, and recite a short scriptural idea, such as "The Lord is my shepherd. I lack nothing."

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray



# WEEK 6 - GUARD YOUR HEART

NOVEMBER 17TH, 2024

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 5:27-30

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## Practice

As followers of Jesus, we need to be careful of what we consume. Over the next week, consider cutting out all media for a 24-48-hour period, taking the initiative to cut out all screen time that is not absolutely necessary during that time. You may be surprised how freeing it can be to disconnect from the bombardment of images and ideas that saturate popular media. Instead, take this free space to reconnect with and spend time with those you love.

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray



## **WEEK 7 - OATHS & WORDS**

**NOVEMBER 24TH, 2024**

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 5:33-37**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

This week, there are two spiritual practices that you can choose from. The first exercise is to go an entire day without words. For some, this will be an impossibility. If that is the case, then choose one day this week to be a lie-free day.

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**

# WEEK 8 - TURN THE OTHER CHEEK

JANUARY 5TH, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 5:38-42

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## Practice

During this week, make a conscious decision to pay attention to how you respond to people around you. Are there moments that you think, “I hope they get what they deserve”? It could be a friend, co-worker, family member or even the driver that cut you off in traffic. In those moments, ask “Am I trying to respond to force with force or am I willing to practice Kingdom initiative?” How can you actively respond to evil with good?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray



## **WEEK 9 - LOVE YOUR ENEMIES**

**JANUARY 12TH, 2025**

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 5:43-48**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

Spend a few minutes each day praying for your enemy or competitor, asking God to bless him or her and the work he or she does. • Hold that person or institution up before God, and pray for as many good things to happen as you can think of. Do this once a day for four or five days this week. See if your heart begins to change toward this person.

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**

# WEEK 10 - WHEN YOU GIVE

JANUARY 19TH, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 6:1-3

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## Practice

This week, see if you can find one small thing every day to help lighten the load for someone else. There's no need to be a hero – just find something tangible as a means of thinking of others and how you might serve them. If doing something every day seems a bit much, consider one person you could really bless by undertaking for something in their world in a practical way.

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

## **WEEK II - WHEN YOU PRAY**

**JANUARY 26TH, 2025**

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 6:5-8**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

This week as a spiritual practice, take some time with the Lord's prayer from Matthew 6:9-13 and experiment with praying the ideas expressed in your own words. Remember, Jesus was not giving a 'formula' but rather a 'framework' within which to grow deeper with God.

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**

# WEEK 12 - FORGIVEN PEOPLE FORGIVE

FEBRUARY 2ND, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 6:14-15

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## Practice

This week take some time to ask Jesus to show you the places you have been holding onto unforgiveness. Reflect on the 2Corinthians 5:17-19 acknowledging the work of forgiveness in your own life and the call to then extend forgiveness to others. Take some time to pray for the person who has harmed you. Often times it is as we pray for the other person that God works in our hearts and as one who has been forgiven much we can extend that same forgiveness to others.

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

## **WEEK 13 - FASTING**

**FEBRUARY 9TH, 2025**

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 6:16-18**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

You should only fast from food if it is safe to do so. To begin the practice of fasting, we encourage you to start small. Pick one meal or one day that you will choose to put food aside. In the place of food, take time to recognize God's work in your life. As you choose to put food aside, continue to surrender your heart, allowing the Holy Spirit the space and time to reveal God's heart for us and where he is at work shaping our lives.

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**

## **WEEK 14 - TREASURE**

**FEBRUARY 16TH, 2025**

### **Connect**

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

### **Discover – Matthew 6:19-24**

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

### **Practice**

This week, as a spiritual practice, take some time to go through some of your stuff and identify five things you will give away. This isn't an exercise to get rid of your junk, although that can be helpful, but to identify items in good shape that you know someone else would benefit from. Once you pass along these items this is not an invitation to go out and buy more things to replace those you gave away. Living as an apprentice of Jesus is learning that life in the kingdom can get crowded out by our accumulation of stuff.

### **GO**

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

### **Pray**

# WEEK 15 - DON'T WORRY

FEBRUARY 23RD, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 6:25-34

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## Practice

This week, each morning, set aside 10 to 15 minutes. Think about all of the things you might be anxious about. Write them down in your journal or a notebook. Ask what you can do to remedy each of these situations. Make a note to yourself to do the things you can do. Turn everything else over to God. Write your request to God, and be specific.

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

# WEEK 16 - WHO'S TO JUDGE

MARCH 2ND, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 7:1-5

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

# WEEK 17 - ASK FOR ANYTHING

MARCH 9TH, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 7:7-11

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

# WEEK 18 - THE GOLDEN RULE

MARCH 16TH, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 7:12

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

# WEEK 19 - THE NARROW PATH

MARCH 23RD, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 7:13-14

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

# WEEK 20 - TRUE OR FALSE PROPHETS

MARCH 30TH, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 7:15-23

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

# WEEK 21 - A NEW WAY OF LIVING

APRIL 6TH, 2025

## Connect

What are you thankful for?

What questions do you have about God or faith that remain unanswered?

How do you respond/handle unanswered questions about God or faith?

## Discover – Matthew 7:28-29

What stands out to you?

What does this passage reveal about God?

What does this passage tell you about people and say about you?

## GO

What will you do? I will \_\_\_\_\_

Who will you tell about what you discovered? \_\_\_\_\_

## Pray

## **REMEMBER THE DISCOVERY BIBLE STUDY METHOD INVOLVES**

**Connecting, Discovering and Going.**

**Connecting (ask these questions to build a connection with your group each week)**

- What are you thankful for?
- What's a challenge you are facing right now?
- How did you do with your last "I will" statement, and did you share what you learned with others?

**Discovering (follow these steps to help your group hear from God)**

- Read the Passage.
- Someone re-tells the passage in their own words.
- Ask:
  - What stands out to you?
  - What does this text tell us about God?
  - What does this text tell us about people?

**Going (ask these questions to help your group apply what they have discovered to their life)**

- How can you specifically live out what you are learning in this text?
- Everyone creates an "I will" statement.
- Everyone shares who they are going to share what they discovered this week with.

Visit [DBSGroups.com](http://DBSGroups.com) to learn more, discover tips on how to facilitate a Discovery Bible Study and a list of passages you can use with your group.



# 2024 AT CROSSPOINT

## HERE IS WHAT'S HAPPENING THIS MINISTRY YEAR

### Crosspoint Kids

- Every Sunday at 10:30 AM

### Crosspoint Youth

- Every Wednesday at 7 PM, Friday once a month at 7 PM.

### Young Adults

- Sunday Nights

### Adults

- Every Sunday at 10:30 AM, and various Special Events

### Special Events

- Men's Breakfast, Saturday, October 19 at 8 AM
- Women's Breakfast, Saturday, October 26 at 10 AM
- Membership Lunch, Sunday, October 27 at 11:45 AM
- Baptism Sunday, November 17 at 10 AM

Want to get involved? Have questions?

Connect with us by scanning the QR code below! For more details, visit *[thecrosspointchurch.info](http://thecrosspointchurch.info)*



# ACKNOWLEDGEMENTS

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