

GRATITUDE

Letting others know you see how they've helped you.

MEMORY VERSE

"Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus." 1 Thessalonians 5:18, NIRV

WEEK 1:

Give Thanks All the Time
1 Thessalonians 5:18

BOTTOM LINE:

You always have something to be grateful for.

WEEK 2:

Jesus Heals 10 Lepers
Luke 17:11-19

BOTTOM LINE:

Take time to say thank you.

WEEK 3:

Parable of the Vineyard Workers
Matthew 20:1-15

BOTTOM LINE:

Take time to adjust your attitude.

WEEK 4:

Israelite Feast Days
Exodus 23:14-19
(And 2 Kings 23)

BOTTOM LINE:

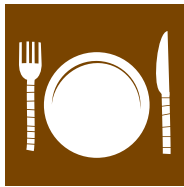
Take time to celebrate what God has done.

WEEK 5:

Paul Thanks People
Romans 16:1-19

BOTTOM LINE:

Take time to remember how others have helped you.



MEAL TIME

WEEK 1:

Ask a kid: What's something you can be thankful for, even on bad days?

Ask a parent: Would you rather spend time with someone who is complaining about their day or who is choosing an attitude of gratitude? Why?

WEEK 2:

Ask a kid: Who can you think of that helps you every day, even if you don't see them?

Ask a parent: Do you think it's easier to forget to show gratitude to the people we see every day, or those we don't? Why?

WEEK 3:

Ask a kid: Is there anyone you've ever forgotten to thank for helping you? How can you go back and thank them now?

Ask a parent: How does it make you feel when someone takes the time to stop and thank you for helping them?

WEEK 4:

Ask a kid: What are you most thankful for this Thanksgiving?

Ask a parent: This Thanksgiving, be sure and take time during your family fun and food to celebrate and give thanks to God for all the blessings in your life (be specific!).

WEEK 5:

Ask a kid: How do you think gratitude is contagious?

Ask a parent: Who are the community helpers around our family that we are thankful for? How can we show them our gratitude?



PARENT TIME

Check out the ParentCue.org website for prompts to help you make the most of the time you have with your kids, including a monthly podcast featuring Reggie Joiner, Kristen Ivy, and Jon Acuff.

For more about encouraging gratitude in our kids, visit:

Parent CUE App: Centered around a monthly topic, this app sends weekly CUEs that remind us to connect with our kids whether at home or on the go

Studio252.tv: A family web site that helps us make the most of everyday moments at home to build a spiritual legacy in our family