

# JOURNEY **GROUPS**

It's better to learn about and follow God with a few other people, rather than just by ourselves. Journey Groups are a few people (usually 3-5) that connect consistently on their own schedule to intentionally take next steps. You don't have to know a lot of the Bible or be at a certain level to participate. It's doing life together and helping each other grow in our relationship with God.

## **GETTING STARTED**

-Ask a few people you already know at The Journey to be in a Group. Explain what a Group is (see above).

-Get phone numbers and set a time for when you will meet for Week 1.

-You won't meet every week in person, but you will have a time of connecting each week. Use this guide for how you can connect together and help each other in life and grow closer to God.

-Meeting in person can be done in an hour or less, but longer if you want.

-Based on schedules, you have the option to switch weeks in terms of what you do. But try to not skip a week.

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WEEK of Jan. 19 – Meet to share a Meal. Share one word for the New Year (how you'd like to grow, a step, a goal, etc.) Take notes for everyone.

WEEK of Jan. 26 – Group Text: Ask for prayer request. 1 & 2 Corinthians theme is examine yourself. Personal Reflection: How do I need to grow with God this year.

WEEK of Feb. 2 – Leader Text: Respond to each person about prayer requests or word for the year.

WEEK Feb. 9 – Options: Get together to watch the Super Bowl, sit in church together, or FaceTime check in. Plan for week 6.

WEEK of Feb. 16 – Group Text: how did you experience Jesus this week?

WEEK of Feb. 23 – Meet up to share a meal. Bring the Lent Guide to review and discuss thoughts about lent and fasting. Read the passage in the guide for the week ahead.

WEEK of March 2 – Leader Text: What's the best part of new year so far? Also message everyone to read the next book in our Sunday Series and discuss it next week.

WEEK of March 9 – Group Text: Share a verse from the Bible you've been reading.

WEEK of March 16 – Sit in church together and/or take 10 minutes after church to connect.

WEEK of March 23 – Group Text: What are you doing to focus on Jesus this Easter? Also, plan for Week 11.

WEEK of March 30 – Meet up to share a meal. Read Isaiah 53 and have communion together.

WEEK of April 6 – Leader Text: Remind them of their word for the year and encourage them to keep taking steps.

WEEK of April 13 – Group Text: Share prayer requests. Pray for each other. Plan for Week 15

WEEK of April 20 – Group Text: What is a verse from 1 or 2 Timothy that stands out to you and why?

WEEK of April 27 – Meet up to share a meal. What has been the most encouraging part of our group this year?