

# JOURNEY GROUPS

Thanks for your interest in starting a Journey Group! We want to help you along the way to make this a great experience. Please email [nextsteps@thejourneycc.com](mailto:nextsteps@thejourneycc.com) to let us know your interest so we can help you along the way.

## WHAT'S A JOURNEY GROUP?

Journey Groups are a few people (usually 3-6) that meet together consistently on their own schedule to intentionally take next steps. We provide Group Questions that is all set up for discussion and easy to follow. You don't have to know a lot of the Bible or be at a certain level to be in a Group. It's doing life together to help each other learn and take steps in our relationship with God.

## GETTING STARTED

-Ask a few people you already know from your Network or Volunteer Team (or some friends) to be in a Group with you. Explain what a Group is (see above).

-Set a time for when and where you meet. Most Groups meet for about 1 hour every other week. You can meet over breakfast, dessert, or a drink.



## COMMUNICATE EXPECTATIONS

**Encourage participation:** "We want everyone to participate because we believe everyone has something to offer and this is about us helping each other. We won't require someone to read, answer, or pray out loud. We want people to participate at a comfortable pace."

**Authenticity and Confidentiality:** "We want this to be a place for people to be real and honest."

## WHEN YOU MEET

**Do Life Together:** Make it casual, fun, and start with simple conversation about family, sports, jobs, etc. You can also connect when you're volunteering, in a Network, or just doing something fun together. Be there for each other as you go through life.

**Prepare:** Use the Group Questions posted online each week based on the current series at The Journey. Tell your Group in advance what you'll be discussing.

### TO FIND THE GROUP QUESTIONS

1. On YouVersion Bible App, select **More, Events, Journey**
2. OR... go to [thejourneycc.com](http://thejourneycc.com) & follow the Next Steps Center link. **Group Questions are in the Journey Groups section.** You can also print copies to bring when you meet

**Take Steps:** Challenge each other and take steps together. The Group Questions have specific ways to take next steps in our relationships with others and with God. Take time when you meet to review how the next steps went since the previous meeting... successes & struggles. It's not about being perfect. It's about doing life together & supporting each other.

**Pace Yourself:** Make it casual, but also stay focused while discussing the Group Questions. You don't have to get through all the questions if time doesn't permit, but keep it moving so people are learning & taking steps.

**Pray:** The Group Questions provide an opportunity to pray together. However, if you or no one else feels comfortable praying out loud, encourage everyone to pray throughout the next week on their own. Don't directly ask a person or force someone to pray. Ask if there is anything someone would like prayer for and pray for each other throughout the week.