



KINDNESS PROJECT

With our December series - A New KIND of Christmas - we want to spread kindness and share hope throughout our community. This month we're talking about thinking, speaking and acting with kindness. Kindness is a fruit of God's Spirit at work in us and it's one way to help others see Jesus through our lives.

This month, try to accomplish 10 spaces on the right before Christmas. The 4 open spaces are for you to fill in as you see opportunities to spread kindness. If you need some ideas, there's options below. We have some special Spread Kindness cards if you want to leave one when you do your kindness projects.

Be intentional about spreading kindness & pray that God might work in and through your life this month.

OPTIONS FOR OPEN SPACES

I AM GOING TO...

- buy/pass out flowers or chocolates to random people
- leave random encouraging notes in lockers at school or on desks at work
- ask someone how they're doing. Actually listen. Maybe even pray with them.
- donate diapers to Every Women's Place
- volunteer at a local agency or ask how they need help
- give your server a generous tip
- talk to someone new at work or school
- babysit for free for a young family
- have supplies in zip bag in your car for a homeless person
- if you sponsor a Compassion Child, write them for Christmas
- talk to the manager and compliment instead of complain
- let someone cut in front of you in a line
- Pay off someone's lay away

I AM GOING TO...

write an encouraging note to someone who I appreciate.

I AM GOING TO...

pay for someone's meal or coffee or give a gift card for groceries to someone in need.

I AM GOING TO...

compliment 15 people today

I AM GOING TO...

Do someone's chores: shovel, rake, trash bins, etc.

I AM GOING TO...

Write a gratitude list. Thank someone who is responsible for something on your list.

I AM GOING TO...

bring someone a meal, bake cookies for a neighbor, or take someone out for lunch/dinner

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