
Morning & Evening

Morning Prayer- Commit, Submit, Accept

Commit

Spend time praising God for who He is. Let your praise of Him turn to committing your day to Him. You will live for Him alone. Talk with Him about the implications this might have on your life and actions today.

Submit

God is all powerful and fully good. Submit your plans to Him. Let His character shape your submission. If He changes your plans, ask that you would be present + faithful with Him, and present + loving with others in those changes.

Accept

Preemptively accept His grace. Accept His grace, strength, power to do what He has called you to do today. Accept His grace for times you may fall short of what He has called you to do and in who He has called you to be. Let His overwhelming grace empower and compel your obedience.

Evening Prayer- Rejoice, Repent, Receive

Rejoice

Rejoice over how God met you today. What specific things can you thank + praise Him for? What blessings did He provide, what struggles did He carry you through? Give thanks for His provision of breath, bread, relationships, job etc. Praise Him for who He is, and what He has done.

Repent

Where did you fall short today? Confess things you said, did, didn't say, didn't do, thought, wanted, looked at, avoided, felt... Be honest and specific. He knows you, forgives you, loves you. Let His overwhelming grace empower, compel, and sustain your relationship and obedience.

Receive

Receive how God met you today. Did He show you something about Himself or yourself in the scriptures? Did He teach you something about Himself or yourself through interactions or circumstances? Listen to what He is telling you in His word, by the Spirit, in your day with Him.