1. Get Acquainted: Discovery, Listening/Doing (10 min)

Speed or Race to Listen or Driven/Fueled by unmet or unrealistic expectations?

- Tell a time when you were angry, and the root problem was unmet expectations?
 Unrealistic expectations?
- When was there a time when you raced to listen to a person angry with you? What happened?

2. Worship: God's Transforming Power of YOUR WANTS (10 min)

Be where you want to be! Do what you want to do! Say what you want to say!

William Cooper: "To see the Law by Christ fulfilled, to hear His pardoning voice, changes a slave into a child and duty to choice"

Have someone read Jeremiah 31:31-34

Worship God for His Transformative Power to change you where you need change the most – IN YOUR HEART and IN YOUR WANTS.

How has God changed your wants and heart desires:

- Through the decades of your life
- Through relationships
- Material Possessions
- Friends of other Ethnicities
- Friends of other Political Affiliations
- Friends of other faiths and denominations
- Through your sinful habits
- Through listening
- Through doing

3. Kingdom Centered Prayer: Worship Folder Pray with Us (10 min)

YOU CAN PRAY WITH US...

- 1. Worship the LORD for His righteousness. Praise Him, Father, Son and Holy Spirit, for His integrity that He perfectly is everything that He commands is His good Word.
- 2. How have you lived as if you always listen perfectly, and that you're rarely if ever wrong? Confess your pride and unbelief to Jesus, asking Him for mercy for how you have heard but not done what God says.
- 3. Give thanks to Jesus for how He has laid aside all of His heavenly glory and privilege. Thank Him for embodying meekness and doing all His Father's will in order to come to our rescue.
- 4. Who do you know that struggles with anger? Pray for them, asking the Lord to help them to put aside selfishness and pride and to meekly receive His Grace that can save their soul.
- 5. Ask the Holy Spirit to bear in you His fruit of love, peace and patience. Pray that because of how merciful Jesus has been to you, that by His Spirit, He would help you generously love those who are in your life.

4. <u>Sermon Reflection</u>: Listening then Doing (10 min)

James 1:19-25 (9-27-20: Doers of the Word)

WHENEVER YOU DISAGREE

How do you normally address a friend when you disagree? A family member? A co-worker? An enemy? What are your tendencies? Ask God to bless, satisfy and change you.

Tools:

Anger - Roots of Anger

Unmet Expectations / Unrealistic Expectations
When angry ask yourself, "What was I expecting?"

When someone is angry with you ask, "What were you expecting from me?"

Solution: Sprint to Listen, Be in a hurry to get to listening as fast as you can.

Personal Reflection -

What are my expectations? Are they realistic? Are they self-suspicious?

With my friend:

What should I expect of you? What is realistic?

WHY HUMILITY IS REASONABLE

Why should we be humble in every disagreement?

Notes:

Self-Reflection: I am convicted felon before my Maker and High King I am often:

- Wrong
- Deceived and Self-Deceived
- Forgetful.

- I may be in sin.
- You may be in sin
- We both may be in sin

DEFINED BY GRACE

Has anyone accused you of being humble?

How does the Work of Jesus both humble us and give us confidence?

5. Mission: We are "Tripin". Sojourning! So what are you packin'?

The destination of the trip indicates what you pack.

- If this week is a trip, what do you need to pack?
- If your life is a trip, what do you need to pack?
- Look at what you have packed in your life, what does it tell you about what trip God has sent you on or what you think your destination is?

6. Jesus From Others – (10 Minutes)

Close your time together letting each person share something they came to love about Jesus from something someone in the group shared during your time together.

 What do you love more about Jesus from what someone shared during our CG tonight?