

The Facilitator

Community Groups @ Trinity Presbyterian Church

1/15/17

Text: Psalm 23

Title: He Restores My Soul

Teacher: Josh Floyd

Surrender through Prayer:

Surrender through prayers for Illumination and Transformation, asking that Jesus would meet with you in this time.

Engage with the Sermon

Read the passage together

In his sermon, Josh spoke to us about the great blessing we have from our shepherd Jesus; that he would not only direct us and watch over us, but he would make us to lie down in green pastures, lead us to still waters and restore our soul. We have a great shepherd who gives us a great strength and hope because he himself became the sheep, and was triumphant over sin and death. Like sheep we are so prone to wander, to try to nourish ourselves on things of this world and seek to restore our own souls. But Jesus guides us, even forces us at times, to slow down, to sit and eat and drink from him, as we realize that nothing in this world can satisfy and bring life but him.

Reflection Questions:

1. *(Josh shared a story about a shepherd who was carrying a sheep on his back because it's leg was broken. When asked how the sheep broke it's leg, the shepherd said that he broke it himself. He did this because the sheep kept wandering away. Breaking it's leg was the only way for the shepherd to force the sheep to eat and drink, and stay with the flock. And once it heals that sheep will stay closer to it's shepherd than any other sheep.)*

Where do you wander? What do you tend to eat and drink rather than what the Lord has offered you?

How have you seen God make you lie down in green pastures, and lead you beside still waters?

- **Has he made it easy and removed the obstacles keeping you from Him?**
- **Or has he made it hard, even breaking your legs so that you'll slow down and stay by his side?**

2. *(Josh used the example of sheep who wander off and become "cast", stuck on their back and weighed down by everything they're carrying around in their wool. They are vulnerable to predators and to the environment. The shepherd has to save them, help them up, and remove their wool to restore them to life, to himself, and to the flock.)*

What weighs you down that you need the Lord to shear off so you'll be restored to life?

What keeps you in isolation from the Lord that you need Him to shear off?

What keeps you in isolation from God's people that you need Him to shear off?

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A.C.T.S.

1. ADORATION

What draws you to Adore and Praise God for His attributes and Actions?

Worship the LORD, our Shepherd, for his strength, provision and compassion. Praise him for the way he leads us to that which will nourish us.

2. CONFESSION

How has this sermon brought to mind sin that you need to Confess and Repent of?

Confess to Jesus the ways in which we have been sheep who have ignored their Shepherd's voice. Let us confess ways we have gone astray and have been intent to drink from broken cisterns or muddy pools.

3. THANKSGIVING

What has drawn you to thank Jesus for his salvation (past, present, future)?

Give thanks to God for Him bringing restoration to every aspect of our lives through the life, death and resurrection of Jesus.

4. SUPPLICATION

In what particular ways do you need Holy Spirit to transform you?

Pray that the Holy Spirit would help us to lie down in green pastures, follow His leading to still waters and appreciate the restoration He brings to our lives through Jesus.

Prepare for Gospel Community:

How has God impacted you the most through today's passage(s)?

Who in your life does not know Jesus as their Shepherd? Please pray that our Shepherd would bring them into His sheepfold and that they would delight in hearing the voice of their Good Shepherd.