

THE SABBATH  
— *rhythm* —

EXODUS 20:8-11



TRINITY  
Presbyterian Church

## ORDER OF WORSHIP | Sunday, June 13, 2021

*Listening devices are available for the hearing impaired.*

*Please speak with a greeter or visit the sound booth upstairs for a listening device.*

### SONG OF GATHERING & PREPARATION

The people of God always sang as they ascended the hill in Jerusalem up to the temple to worship (see Psalms 120-134). We, as well, prepare our hearts, minds, and bodies for worship by singing about the God we serve.

Rest

### CALL TO WORSHIP | Matthew 6:25-34 (ESV)

We read God's Word, the Bible, together. It reveals to us who God is and what He expects of us.

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you. "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble."

### PRAYER OF ADORATION & CONFESSION

We pray together praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).

### ASSURANCE OF PARDON | Isaiah 58:13-14 (ESV)

We read God's Word together and are reminded that mercy and grace are freely given to all who have faith in Jesus Christ.

"If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the LORD honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; then you shall take delight in the LORD, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the LORD has spoken."Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

### WORSHIP THROUGH GIVING

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of His church and the kingdom of God.

Christ Is Mine Forevermore

### PRAISE & CELEBRATION

Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done for us.

How Great Thou Art

It Is Well

## CONFESSION OF FAITH

As an expression of our faith in Jesus Christ in solidarity with his people, we declare the substance of what we believe.

From the New City Catechism:

Q. 25. Does Christ's death mean all our sins can be forgiven?

A. Yes, because Christ's death on the cross fully paid the penalty for our sin, God graciously imputes Christ's righteousness to us as if it were our own and will remember our sins no more.

## KIDS' WORSHIP & COMMUNITY KIDS DISMISSAL (Infants - 5th Grade) | 9a Service

### KIDS' WORSHIP DISMISSAL (Infants - 5 Years) | 10:45a Service

*Please see your child's check-in name tag for class assignment.*

## PRAYER OF THANKSGIVING & INTERCESSION

We express in prayer our gratitude to God for what He has done and ask Him to continue to act for our good and the good of others in our community and world.

## PROCLAMATION OF GOD'S WORD | David Springer, Director of Campus Outreach

A small portion of God's Word is explained to us and applied to our lives and circumstances.

## SONG OF RESPONSE

We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.

In Christ Alone

## BENEDICTION

Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.

May the LORD bless you and keep you;  
the LORD make His face to shine upon you and be gracious to you;  
the LORD turn His face toward you and give you His peace,  
both now and forevermore. Amen.

# SCRIPTURE PASSAGE & SERMON OUTLINE

## Proclamation of God's Word

**Text:** Exodus 20:8-11 (ESV)

**Title:** The Sabbath: Rhythm

**Teacher:** David Springer

<sup>8</sup> “Remember the Sabbath day, to keep it holy. <sup>9</sup> Six days you shall labor, and do all your work, <sup>10</sup> but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. <sup>11</sup> For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.”

## GOD'S GOOD RHYTHM

## OUR RESISTANCE TO REST

## **CALLED TO REPENTANCE & FAITH**

### **YOU CAN PRAY WITH US ...**

1. Worship the Father for His good design! Celebrate His work and His invitation to rest with Him!
2. Do you delight in spending time with the Lord? What are the reasons for your restlessness?  
Confess your pride and unbelief to Him.
3. Give thanks to Jesus for His example of work, rest and worship. Thank God for the eternal rest that awaits us in heaven!
4. Who do you know that resists God's invitation to rest and instead is prone to laziness or exhaustion?  
Pray for them, and ask that the Lord and His commandments would become a delight to them.
5. Ask the Holy Spirit for the desire to rest in the Lord. Pray for wisdom regarding how to remember the Sabbath, how to keep it holy and how to establish healthy rhythms of spiritual rest.

## WELCOME TO TRINITY!

We're so glad you are here.

Please place completed tear-off in offering box.

Name (Please Print)    Gender  Male  Female

Spouse

Children (Include DOB for Children's Ministry)

Address

City/State

Country/Zip

Phone

E-mail Address

First-Time Visitor     Regular Attendee

Member     College Student

Update my contact information

### I would like to receive:

Worship Folder & Announcement Emails

### I would like information about:

Children's Ministry     Student Ministry

College Ministry     Volunteering

Community Group     Women's Ministry

Men's Ministry     Worship

New Member Class

\_\_\_\_\_

### Prayer

How can our staff pray for you?

---

---

---

---

---

---

---

---

---

---

## Community Bible Reading

[communitybiblereading.org](http://communitybiblereading.org)

June 14 - 19, 2021

(3-year plan: read blue passages | 1-year plan: read all)

Monday	Colossians 4 Leviticus 27	Jeremiah 42 2 Chronicles 10
Tuesday	1 Thessalonians 1 Numbers 1	Jeremiah 43 2 Chronicles 11
Wednesday	1 Thessalonians 2 Numbers 2	Jeremiah 44 2 Chronicles 12
Thursday	1 Thessalonians 3 Numbers 3	Jeremiah 45 2 Chronicles 13
Friday	1 Thessalonians 4 Numbers 4	Jeremiah 46 2 Chronicles 14
Saturday	Psalm 25	Psalms 122 Psalm 77

### Scripture Memory for the Week:

#### Exodus 20:8-10a (ESV)

<sup>8</sup> "Remember the Sabbath day, to keep it holy.

<sup>9</sup> Six days you shall labor, and do all your work,

<sup>10</sup> but the seventh day is a Sabbath to the LORD your God.

On it you shall not do any work."

### Communication

Visit [trinitylakeland.org/events](http://trinitylakeland.org/events) to register.



#### EMOTIONS Summer Video Series

June 16 & 30, July 14 & 28, August 11

Contact [JoAnn Johnson](mailto:JoAnn.Johnson@trinitylakeland.org) for information.



#### Baby Shower for Ashlee Fagan

June 19, 10a-12p

RSVP to [Esther Spence](mailto:Esther.Spence@trinitylakeland.org).



#### Children's Ministry Pool Party

July 1, 8 & 29, 10:30a-1p

Contact the [Callie Sandman](mailto:Callie.Sandman@trinitylakeland.org) for information.

### Office Hours:

Mon - Fri | 8:30a - 5:00p

301 N Florida Ave, Lakeland, FL 33801

863-603-7777 | [trinitylakeland.org](http://trinitylakeland.org)

