

SERMON ON THE MOUNT



FASTING
SOBRIETY
VS
IDOLATRY

MATTHEW 6:16-18



TRINITY
Presbyterian Church

ORDER OF WORSHIP | June 30, 2024

*Listening devices are available for the hearing impaired.
Please speak with a greeter or visit the sound booth upstairs for a listening device.*

SONG OF GATHERING & PREPARATION

The people of God always sang as they ascended the hill in Jerusalem up to the temple to worship (see Psalms 120-134). We, as well, prepare our hearts, minds, and bodies for worship by singing about the God we serve.

My All In Thee

CALL TO WORSHIP | Isaiah 58:1-10 (ESV)

We read God's Word, the Bible, together. It reveals to us who God is and what He expects of us.

Cry aloud; do not hold back; lift up your voice like a trumpet; declare to my people their transgression, to the house of Jacob their sins. Yet they seek me daily and delight to know my ways, as if they were a nation that did righteousness and did not forsake the judgment of their God; they ask of me righteous judgments; they delight to draw near to God. "Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?" Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the LORD? "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry, and he will say, "Here I am." If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday.

PRAYER OF ADORATION & CONFESSION

We pray together praising God for who He really is (Adoration) and admitting our inability to live up to what He expects of us (Confession).

ASSURANCE OF PARDON | Romans 6:5-11 (ESV)

We read God's Word together and are reminded that mercy and grace are freely given to all who have faith in Jesus Christ.

We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. For one who has died has been set free from sin. Now if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. For the death he died he died to sin, once for all, but the life he lives he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

WORSHIP THROUGH GIVING

We respond to the good news of God's mercy and grace for us in Jesus by giving generously to the work of His church and the kingdom of God.

The Goodness Of Jesus

PRAISE & CELEBRATION

Our response to God's free grace is celebratory worship. We express our praise to God for who He is and what He has done for us.

Abide With Me

No Longer Slaves

CONFESSION OF FAITH

As an expression of our faith in Jesus Christ in solidarity with his people, we declare the substance of what we believe.

From the Westminster Shorter Catechism:

Q. 47. What is forbidden in the first commandment?

A. The first commandment forbiddeth the denying, or not worshiping and glorifying, the true God as God, and our God; and the giving of that worship and glory to any other, which is due to him alone.

Q. 48. What are we specially taught by these words *before me* in the first commandment?

A. These words *before me* in the first commandment teach us, that God, who seeth all things, taketh notice of, and is much displeased with, the sin of having any other God.

KIDS' WORSHIP & COMMUNITY KIDS' DISMISSAL (Infants - 5th Graders)

Please see your child's check-in name tag for class assignment.

GREETING

PRAYER OF THANKSGIVING & INTERCESSION

We express in prayer our gratitude to God for what He has done and ask Him to continue to act for our good and the good of others in our community and world.

PROCLAMATION OF GOD'S WORD | Tim Rice, *Founding & Teaching Pastor*

A small portion of God's Word is explained to us and applied to our lives and circumstances.

WORSHIP THROUGH GIVING | Mercy Fund Offering

We express in prayer our gratitude to God for what He has done and ask Him to continue to act for our good and the good of others in our community and world.

SONG OF RESPONSE

We respond to the good news of God's mercy and grace by singing again of His goodness and greatness.

Death Was Arrested

BENEDICTION

Because the hand of God's wrath was raised against Jesus, we now receive the hand of God's blessing as we are sent out to live our lives to the glory of God.

May the LORD bless you and keep you;
the LORD make His face to shine upon you and be gracious to you;
the LORD turn His face toward you and give you His peace,
both now and forevermore. Amen.

SCRIPTURE PASSAGE & SERMON OUTLINE

Proclamation of God's Word

Text: Matthew 6:16-18 (ESV)

Title: Fasting: Sobriety vs. Idolatry

Teacher: Tim Rice

16 “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. 17 But when you fast, anoint your head and wash your face, 18 that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”

INTRO: How well do you handle deprivation and going *without*?

WHAT IS A FAST?

What is a fast and why were they commanded?

THE ULTIMATE DEPRIVATION & REWARD

How has Jesus worked both to forgive *and* free us?

FASTING, FREEDOM & LOVE

How can fasting, from a posture of Gospel humility and security, help us identify and root out idolatrous influences and grow in faithfulness?

YOU CAN PRAY WITH US ...

1. Worship the LORD for His surpassing worth compared to any and every created thing. Praise Him, Father, Son and Holy Spirit, for His goodness and trustworthiness vs. the transitory and vain things of this world.
2. How have you lived inordinately attached to the things of this world? Confess your idolatry, and spiritual adultery, to Jesus, asking Him to forgive you and to change your heart to truly love Him.
3. Give thanks to Jesus for His willingness to be deprived (bearing our guilt) and to share so freely His reward (giving us His righteousness). Thank Him for applying all of His blessedness to saving our lives through His suffering.
4. Who do you know that is hooked on something worldly? Pray for them, asking the Lord to work to persuade them of their need for redemption and to enable them to trust Jesus' work instead of their own vain efforts.
5. Ask the Holy Spirit to bear in you His fruit of love, faithfulness and goodness. Pray for the Spirit to empower you to live faithfully toward the Father, root out idolatrous influences in your life, and die to them.

Welcome to Trinity!

We would love to connect with you. Please scan on the QR code to get connected and let us know of any prayer requests you may have.



Follow Us! @TrinityLakeland

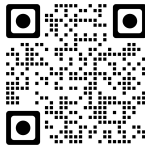


The Compass And Map

now streaming on Apple Podcasts and Spotify



Apple



Spotify

Communication

Visit trinitylakeland.org/events to register.



Women's Ministry Summer Series

July 10 & 24

Contact Janet Smith, 719-646-9408 for details.



The Weekender - New Members' Class

August 23 & 24

Contact [Ashley Coleman](#) for information.



2024 Men's Retreat

September 19-22

Contact [Frank McCaulley](#) for information.

Community Bible Reading

communitybiblereading.org

July 1-6, 2024

(3-year plan: read [blue](#) passages | 1-year plan: read [all](#))

Monday	1 Timothy 6 2 Chronicles 24	Numbers 14 Lamentations 5
Tuesday	2 Timothy 1 2 Chronicles 25	Numbers 15 Ezekiel 1
Wednesday	2 Timothy 2 2 Chronicles 26	Numbers 16 Ezekiel 2
Thursday	2 Timothy 3 2 Chronicles 27	Numbers 17 Ezekiel 3
Friday	2 Timothy 4 2 Chronicles 28	Numbers 18 Ezekiel 4
Saturday	Psalms 79	Psalms 127 Psalms 121

Scripture Memory for the Week:

Matthew 6:17-18 (ESV)

17 "But when you fast, anoint your head and wash your face, 18 that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you."

Office Hours:

Mon - Fri | 8:30a - 5:00p

Sunday Worship | 10:30a

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Mission

A city transformed: Loved by God the Father, saved by Jesus His Son, empowered by His Spirit, called by God to reach our city with His love.