

Valley Bible Church Co-Ed Slowpitch Softball Rules

Our rules are similar to baseball with the following exceptions:

1. The runner may overrun every base, unless an attempt is made to advance to the next base.
2. The runner may be forced out at any base.
3. The runner may only change directions twice between bases.
4. There is no base stealing.
5. Once a runner has gone beyond halfway toward the next base he is committed to that base and cannot turn around.
6. The runner may lead off a base only after the ball leaves the pitcher's hand.
7. If the runner slides, the runner will be called out.
8. If the runner collides with the fielder, the runner will be called out.
9. If the runner is attempting to avoid contact with the fielder, he does not have to touch the base.
10. If a pinch runner is necessary, the runner must be the person of the same sex who made the last out.
11. The pitching arch must be above the batter's head and below twelve feet.
12. If the pitcher walks any batter on four straight balls, the batter is awarded second base.
13. There are no intentional walks.
14. Home plate also includes the mat behind the plate.
15. The batting line-up no longer has to alternate between women and men
16. Only one foul ball is allowed after the second strike; the second foul ball after the second strike is an out.
17. There is no bunting allowed.
18. Under our Valley Bible infield fly rule, play stops, the batter is out and all runners must return to their base and not advance. (The infield fly rule is in effect when there are less than two outs and a runner on first and second or first second and third).
19. Three outfielders must be in the outfield until after the ball is hit.
20. There must be at least two women playing in the infield at all times.
21. The rover must be a woman.
22. A team may play with less than seven women or less than seven men. However, no team can play eight men or eight women on the field.
23. A player may bat and not play the field or may play the field and not bat if they wish.
24. Games will be seven innings or one hour and fifteen minutes long. No new inning can begin later than one hour and five minutes into the game.
25. The umpire has the authority to interpret these rules. There is no arguing with the umpires.