



3 WAYS TO PRAY THE LORD'S PRAYER

The 7 Step Model

This approach to The Lord's Prayer is most effective when you have the most amount of time. With this model, you can work through the prayer thought by thought, taking the most comprehensive approach to this compelling prayer.

1. Begin with the right PERSPECTIVE

Pray then like this: Our Father in heaven, hallowed be your name. (Matthew 6:9)

2. Begin with PRAISE

Pray then like this: Our Father in heaven, hallowed be your name. (Matthew 6:9)

3. Recognize God's POWER

Your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:10)

4. Focus On God's PURPOSES

Your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:10)

5. Ask For God's PROVISION

Give us this day our daily bread... (Matthew 6:11)

6. Ask For God's PARDON

...and forgive us our debts, as we also have forgiven our debtors. (Matthew 6:12)

7. Ask For God's PROTECTION

And lead us not into temptation, but deliver us from evil. (Matthew 6:13)

The 4 X 4 Method

This approach to The Lord's Prayer will feel most effective when you have a sufficient amount of time, but not the most amount of time. With this model, you can work through the prayer section by section, taking a comprehensive, yet concise approach to this compelling prayer.

With this model you begin with a posture of reverence, which leads to a humble response, preparing you to make your requests, and empowering you to live out the things you've just prayed with a spirit of readiness.

I learned this approach to The Lord's Prayer from my mentor and friend, Daniel Henderson, and am indebted to him for what he has taught me.

1. Begin with REVERENCE

Pray then like this: Our Father in heaven, hallowed be your name. (Matthew 6:9)

2. Move to RESPONSE

Your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:10)

3. Make your REQUESTS

Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. (Matthew 6:11-12)

4. Express your READINESS

And lead us not into temptation, but deliver us from evil. (13)

The 2 Way Approach

This approach to The Lord's Prayer is most effective when you have the least amount of time. With this model, you can work through the prayer in just two sections, taking the most simple but sincere approach to this substantial prayer.

With this model you focus on two simple ideas – His worthiness and your neediness. Everything you pray over fits under one of these two big ideas.

This approach to The Lord's Prayer was distilled down from the 4 X 4 Method by Daniel Henderson.

1. He is WORTHY

Pray then like this: Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. (Matthew 6:9-10)

2. We Are NEEDY

Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from evil. (Matthew 6:11-13)