# Way of Grace Church PARTICIPANT WORKBOOK



Saturday, February 23rd, 2013 Buckeye, Arizona "We may not be able to prepare the future for our children, but we can at least prepare our children for the future."

- Franklin D. Roosevelt

# welcome

We are so pleased to welcome you to our very first Equipped Parent Conference!

Parenting can be one of the most thrilling things on Earth. But at the same time, parenting can be one of the most challenging things on Earth.

Funny how that works.

In light of this, if we're honest, which of us really feels equipped to handle these challenges? And beyond simply reacting, which of us really feels equipped to provide the kind of nurture and guidance our children need?

But that's why all of us are here today. To be EQUIPPED!

Our focus for this conference is "**The Whole Child**". We know our children have needs in every area of their lives: body, mind, and spirit. Our sincere hope is that today you will be informed and encouraged in light of all these needs.

Where do we begin? A recognition that we need to be equipped. Where do we end up? Hopefully, a recognition that we need strength and wisdom from outside ourselves and above ourselves. If God made us, then ultimately, God can offer us the best parenting advice in the universe. The only question is, "Are we listening?"

We are grateful for your involvement and truly hope you leave here feeling equipped in the thrilling and challenging privilege of being a parent.

Grateful for you,

Pastor Bryce Morgan Elder Steve Bales

# **TABLE OF CONTENTS**

-Schedule	.5
-Session One: Children & Health	.6
-Session Two: Children & Safety	8
-Session Three: Children & Discipline	10
-Session Four: Children & Learning	12
-Session Five: Children & Spiritual Growth	14
-Parenting: Book Resources	17

### **BTDT:**

Throughout this book you will find small boxes (like this one) containing words of wisdom from older, experienced parents who have already "BEEN THERE, DONE THAT". We pray these are helpful for you!

# SCHEDULE

- 9:15-9:20 Welcome and Introductory Comments
- 9:20-10:05 Session #1 (Dr. Chris Spiekerman--Children and Health)
- 10:05-10:15 Stretch BREAK
- 10:15-11:00 Session #2 (Chief Mann--Children and Safety)
- 11:00-11:45 Session #3 (Ron Elwardt--Children and Discipline)
- 11:45-12:30 LUNCH
- 12:35-1:20 Session #4 (Neva Burlingame--Children and Learning)
- 1:20-1:30 Stretch BREAK
- 1:30-2:15 Session #5 (Jason Doughty--Children and Spiritual Growth)
- 2:15-2:20 Closing Remarks

# SESSION ONE [Children & Health] Speaker: Dr. Chris Spiekerman

"Be prepared that parenting is a long haul condition. You must persevere through EVERYTHING you will be faced with. I don't care if you feel like your hanging on by your fingernails, keep hanging on!"

# SESSION TWO [Children & Safety] Speaker: Police Chief Mark Mann

"Read with your kids. Books, at whatever age level they are, and sometimes just above them, to stretch them. Read with them individually. And especially read as a family, after meals. Consistency is more important that length of time. Do it every night you're all together, and try to make it a priority...Read the classics. And especially read...the Bible. Kids will never, I mean never, forget these times."

## SESSION THREE [Children & Discipline] Speaker: Pastor Ron Elwardt

Theme: Disciplining children involves careful instruction and heart based correction.

Introduction

- 1. Dimensions of Careful Instruction
  - A. Teach them Theology

B. Teach Them Sociology

By this we mean that children learn that:

- They are part of a \_\_\_\_\_\_
- They are not the \_\_\_\_\_ of the universe
- They have a \_\_\_\_\_\_ to those around them
- They are called to \_\_\_\_\_\_

C. Teach Them about Redemption

As we teach children to know and love God, and to love their neighbor as themselves children will find:

- They don't \_\_\_\_\_
- They don't \_\_\_\_\_
- They don't \_\_\_\_\_
- They need help.

#### 2. Correction That is Heart-Based

A. The Problem with focusing only on behavior (Proverbs 4:20-23; Luke 6:43-45)

B. Getting to the heart of behavior

#### Application

- 1. The Heart Game
- 2. Five Good Questions

Conclusion (Ezekiel 36:25–28)

**BTDT:** "Stay one step ahead of them. Keep short 'sin accounts' with them. Don't wound their spirits."

# **SESSION FOUR**

[Children & Learning] Speaker: Principal Neva Burlingame

"We, as parents, seem to go between ignoring discipline because we don't want to "hurt" our kids and over-disciplining on every issue, small or large. On discipline: 1) biblical discipline is non-negotiable, 2) we need to evaluate our "rules" with a scriptural yardstick, 3) ask, "does the child need discipline or training", and 4) when we do discipline, make sure it's done with love & compassion. We are sinners, too."

# SESSION FIVE [Children & Spiritual Growth] Speaker: Pastor Jason Doughty

"Be 'real' with them and ask their forgiveness, when you have wronged them...Especially as they move into the teen years, they may give you some scares. Don't let them know you're scared, but be in ongoing prayer for them, and keep your own walk close to God...Be available for late night talks...when you worry about them, **put them in God's hands**. You do this with prayer and with your own visual image of placing them before God."

# **Biblical Parenting Resources**

<u>Titles</u>	Amazon.com Price	christianbook. com Price
FOR FAMILIES		
Long Story Short: Ten Minute Devotions to Draw Your Family	\$13.59	n/a
to God by Marty Machowski		
God's Mighty Acts in Creaton by Starr Meade	\$9.34	\$8.99
God's Mighty Acts in Salvation by Starr Meade	\$9.34	\$8.99
Big Truths for Young Hearts by Bruce Ware	\$10.87	\$10.49
Get Wisdom! By Ruth Younts	\$8.99	\$7.19
FOR PARENTS		
<i>Word Filled Families Walk in Truth</i> by John Barnett	\$24.99	n/a
Bringing Up Boys by James Dobson	\$9.36	\$8.99
Your Child's Profession of Faith by Dennis Gunderson	n/a	n/a
How and When to Tell Your Children about Sex by Stan &	\$16.31	\$15.99
Brenna Jones	ć0.00	n/1
Gospel-Centered Family by Ed Moll & Tim Chester	\$9.99	n/a
<i>Age of Opportunity: A Biblical Guide to Parenting Teens</i> by Paul Tripp	\$10.19	\$9.99
Shepherding a Child's Heart by Tedd Tripp	\$9.09	\$8.99
Instructing a Child's Heart by Tedd & Margy Tripp	\$11.16	\$9.99
With All Their Heart by Christine Yount	\$.98	n/a
BIBLES	611 FF	\$11.49
NIrV <i>Read with Me Bible</i> (young children)	\$11.55	
ESV Children's Bible (elementary age)	\$17.81	\$17.49 \$22.00
ESV Student Study Bible (teens)	\$34.64	\$22.99
SCHOOLING		
The Home Schooling Father by Michael Farris	\$9.99	\$8.19
<i>Going Public: Your Child Can Thrive in Public School</i> by David & Kelli Pritchard	\$10.28	\$9.99

# additional notes

# EQUIPPEDparent conference

#### 2013

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