

A Prayer Pathway for Purity

Verses and Prayers for Sexual Wholeness and Holiness

OUR TRUE NORTH

...For my people have committed two evils: they have forsaken me, the fountain of living waters, and hewed out cisterns for themselves, broken cisterns that can hold no water. (Jeremiah 2:13)

Jesus said to her, "Everyone who drinks of this water will be thirsty again, [14] but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life." (John 4:13–14)

Pray that God would help you to reject the 'empty cisterns' that entice us and to find regular satisfaction in the presence and power of Jesus.

Praise Him that "His divine power has given us everything we need for a godly life". (II Peter 1:3)

CONFESSION

I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin. (Psalm 32:5)

By His grace, acknowledge your guilt and neediness in terms of purity, and give thanks for His forgiveness through Christ.

RENEWING THE MIND

Do not be conformed to this world, but be transformed by the renewal of your mind... (Romans 12:2a)

"You have heard that it was said, 'You shall not commit adultery.' [28] But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart. [29] If your right eye causes you to sin, tear it out and throw it away...[30] And if your right hand causes you to sin, cut it off and throw it away..." (Matthew 5:27–29a, 30a)

Pray, asking God to sanctify your imagination and to reshape your perspective on others, that genuine love, not lust, would be your lens.

FLEEING TEMPTATION

For the lips of a forbidden woman drip honey, and her speech is smoother than oil, [4] but in the end she is bitter as wormwood...[8] Keep your way far from her, and do not go near the door of her house... (Proverbs 5:3, 4, 8)

God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. (I Corinthians 10:13)

Pray that with God's help you might plan your steps to avoid temptation, and find courage to resist it when it finds you.

STARVING EVIL, FEEDING FAITH

But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. (Romans 13:14)

Ask God to help you "put to death...what is earthly in you" (Col. 3:5), and to nurture, in every way, every day, growth in grace.

HONORING MARRIAGE

Let marriage be held in honor among all... (Hebrews 13:4a)

...Because of sexual immorality, let each man have his own wife, and let each woman have her own husband. 3 Let the husband render to his wife the affection due her, and likewise also the wife to her husband. (I Cor. 7:2-3)

Pray for sexual healthiness in believing marriages, and that marriage would continue to be prized by those wanting to be married.

STANDING TOGETHER

Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. [13] But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin. (Hebrews 3:12–13)

Pray for yourself and your brothers in Christ, that you would find ways to support one another in the ongoing battle for purity.