

The True Bread of Life (12/25/22)

Main Verses: Exodus 16:1-4 (John 6:31-33)

Key Verse: Exodus 16:4

'Takeaway': God's people didn't know that when he provided them with bread from heaven, he was also pointing them to the "true bread" that would later come down at Christmas.



Getting Started: How does God provide for your needs each day?

READ Exodus 16:1-4 and John 6:31-33 (or have an older kid read it)

Some **QUESTIONS** to consider:

Toddler/PreK:

- Why did God rain bread from heaven for the people?
- Who did Jesus say that he (Jesus) was?
- How did God, through Jesus, provide for his people?

Elementary:

- What were the people doing that caused God to rain bread from heaven for them? How long was the bread good?
- When Jesus says that he is the Bread of Life, what does that mean, and how does it relate back to the manna God provided for the Israelites?
- How does God continue even now to provide daily for the needs of his people?

Here are some **IMPORTANT IDEAS** we discover in these verses :

Toddler/PreK:

- God always provides for his people.
- The bread God provided in the wilderness pointed to Jesus, the true Bread of Life, who came to bring us the greatest rescue.
- The Israelites' bread only fed them for a short time, but Jesus spiritually 'feeds' us (that is, give us what our hearts need) forever and ever.

Elementary:

- God always provides for the needs of his people.
- The manna in the wilderness met temporary, physical needs of the people.
- "True bread from heaven" nourishes eternally and spiritually. Jesus is the true bread from heaven.
- The bread in the wilderness pointed to Jesus, who God sent to rescue his people (through faith in Jesus) forever.

An **ENCOURAGEMENT** in light of God's word:

(Toddler/PreK) Talk to God; thank him for sending his Son, Jesus, to rescue us from our sin. Thank God for meeting the needs of his people – physically, but more importantly, spiritually. Thank Him for sending bread from heaven to feed the Israelites after they left Egypt, and for sending Jesus, the True Bread from Heaven so that we, through faith in Jesus, can live **for** him and **with** him forever.

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