

Glorifying God When You're Angry (3/17/24)

Main Verses: Ephesians 4:26

Key Verse: Ephesians 4:26

'Takeaway': When we feel angry, it can be for the right reasons or the wrong reasons. God's word can help us understand the difference, & know what to do next with our anger.

Getting Started: Describe a time when you felt angry? What was the outcome of that anger?



READ Ephesians 4:26 (or have older kids help read).

Some **QUESTIONS** to consider:

Toddler/PreK:

- Is it normal to feel angry?
- What is important to consider when we feel angry?
- How should we respond when we feel angry?
- Who can help us learn how to best respond when we are angry?

Elementary:

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Here are some **IMPORTANT IDEAS** we discover in these verses :

Toddler/PreK:

- It is normal to feel angry sometimes. Not all anger is bad or sinful. In fact, the Bible speaks of God being angry at times.
- When we are angry we need to consider why we are feeling that way to help us learn whether the anger is for a good reason or a bad reason.
- No matter why we are angry, we should not hold onto anger or let it consume us.
- God & his word help us know whether our anger is for the right reason or the wrong reason. He also helps us learn how to respond in a godly way when we are angry.

Elementary:

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An **ENCOURAGEMENT** in light of God's word:

(Toddler/PreK) Talk to God. Thank him for being the God who gets angry over sin & injustice. Thank him for his great mercy & grace towards sinners like us, & for making a way through faith in Jesus so that we can love him & live with him forever. Ask God to help you learn whether your anger is for the right reason or the wrong reason. Ask him to help you learn to respond when you are angry in a way that honors & glorifies him.

(Elementary) Talk to God. Thank him for being the God who gets angry over sin & injustice. Thank him for his great mercy & grace towards sinners like us, & for making a way through faith in Jesus so that we can love him & live with him forever. Ask God to help you learn whether your anger is for the right reason or the wrong reason. Ask him to help you learn to respond when you are angry in a way that honors & glorifies him.