

An Armor to Depend On (3/20/22)

Main Verses: Ephesians 6:10-18

Key Verse: Ephesians 6:11

'Takeaway': In Jesus we are both prepared for spiritual battle and given ultimate victory.

Getting Started: What is armor?



READ the main verses (or have older kids help read).

Some **QUESTIONS** to consider:

Toddler/PreK:

- Who has the most strength—and thus, can strengthen us?
- What is the full armor of God?
- Why do we need to put his armor on every day?

Elementary:

- Have you ever been in a situation that you couldn't fight (or handle) on your own? Whose help did you need?
- Who and what do we need to fight spiritual battles?
- What does it mean and why do we need to put on the full armor of God every day?

Here are some **IMPORTANT IDEAS** we discover in these verses :

Toddler/PreK:

- The armor of God is truth (belt), righteousness (breastplate), gospel (shoes), faith(shield), salvation (helmet), and the Word of God (sword of the Spirit). When these things are part of our everyday life, like armor, they help protect us and prepare us for spiritual battles.
- When we become part of God's family, God gives us his armor to help us fight spiritual battles. We can only stand against evil through the power of God we access through prayer.
- We only "win" by depending on God and standing firm in him. We need to do this every day through prayer, reading/studying his word, and obeying him. The ultimate and final victory has been won by Jesus, through his death on the cross and resurrection.

Elementary:

- The armor of God is truth (belt), righteousness (breastplate), gospel (shoes), faith(shield), salvation (helmet), and the Word of God (sword of the Spirit). These things (truth, righteousness, gospel, etc.), when they are part of our everyday life, they (like armor) help protect us in and prepare us for spiritual battles (temptations, knowing what matters most, how we use our time, etc.).
- The armor of God is available to us if we are part of God's family through faith in Jesus. We cannot stand on our own in spiritual battles, but must rely on the strength of God's might which he gives us through prayer.
- The only way to "win" is by depending on God and standing firm in him. We need to do this every day through prayer, reading/studying his word, and obeying him. The ultimate and final victory has been won by Jesus, through his death on the cross and resurrection.

An **ENCOURAGEMENT** in light of God's word:

(Toddler/PreK) Talk to God, thanking him for his mighty strength that protects us when we battle against evil. Thank him for sending Jesus to die on the cross and rise again so that in Jesus, we can put on God's armor every day as we depend on and stand firm in him. Ask God to help you to talk to him, read his word, and obey him more and more every day.

(Elementary) Talk to God, thanking him for his power and strength that protects us in spiritual battles.