

Finding Real Refuge (5/21/23)

Main Verses: Psalm 16

Key Verse: Psalm 16:1

'Takeaway': Like those who want to take shelter from a storm, there is no refuge in life like the safety & sweetness God can provide.

Getting Started: What do you do when there's a bad monsoon storm (rain AND thunder/lightning!)?



READ: Psalm 16 (or have older kids help read).

Some **QUESTIONS** to consider:

Toddler/PreK:

- What is a refuge?
- What does God do for David?
- What does David do in response to God's blessings?
- What do we learn about God through this Psalm?
- How do we take refuge in God?

Elementary:

- What does David mean when he says he **takes refuge in God**?
- Why is he asking God to preserve him?
- The Psalm talks about what God does for David, & David's response to God—what are those things?
- What do we learn about God thru this Psalm?
- How do **we** take refuge in God, & be preserved by him?

Here are some **IMPORTANT IDEAS** we discover in these verses:

Toddler/PreK:

- David trusts God. God is his refuge; he trusts God to take care of him always - even when life is hard & confusing.
- God blesses David with contentment, with His presence, & with the hope of everlasting joy.
- God teaches David how to live for Him. He will do the same for us if we ask him.
- David sets the LORD always before him. He wants to learn about God & how to live in a way that is pleasing to God. In Jesus, we can do the same as David.
- In Jesus, we too can have **forever refuge** in God. By faith in what he did and who he is, we can live for him & with him forever. There is no place safer than in God's loving arms.

Elementary:

- Even though life can be hard & confusing sometimes, thru faith in Jesus, God is our refuge. He cares for us & takes care of us.
- God blesses his children – with contentment, with his constant presence, & with the hope of everlasting joy – thru Jesus, we can live with God forever.
- David was intentional to set the LORD always before him. Like David, we can do the same...we can seek to know God, to learn about him & how to live in a way that pleases him.
- In Jesus, we can have **forever refuge** in God. By faith in what he did and who he is, we can live for him & with him forever. There is no safer place than in God's loving arms.

An **ENCOURAGEMENT** in light of God's word:

(Toddler/PreK) Talk to God. Thank him that he cares for us & takes care of us. Thank him that he teaches us how to live for him. Ask God to give you a heart that wants to know him & live in a way that pleases him each day. Thank God for Jesus, who made the way so we can know God as our refuge. There is no safer place than in God's loving arms.

(Elementary) Talk to God. Thank him that even though life can be hard & confusing, thru faith in Jesus, he is our refuge – he cares for us & takes care of us. Ask God to give you a heart that wants to know him, to learn about him, & to live in a way that pleases him every day. Thank God for sending Jesus who made a way for us to know God, & live for him & with him forever. Thank God that there is no safer place than in his loving arms.