

The Covenant

Lesson 8 - Exodus 20:1-21

Lesson Aim	To help kids see that God gave us laws to guide and protect us.
Memory Verse	Exodus 20:2 -- " I am the Lord your God , who brought you out of the land of Egypt, out of the house of slavery.
This week's story	Exodus 20:1-21 - The Ten Commandments Suggested resource: Adapting the Ten Commandments for Kids - https://ministriyspark.com/ten-commandments-kids/
Main takeaways	<p>The Ten Commandments help us live together safely, loving God and each other the way God planned.</p> <p>Some people have felt that the Ten Commandments were God's way of ruining their fun or bossing their life. But that's not what God intended. Instead, God gave us laws to guide and protect us.</p> <p>When asked about the most important commandment, Jesus gave a simple and wonderful answer: "You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'" (Matthew 22:37-39)</p>
Potential questions	<ul style="list-style-type: none"> • What happened when God spoke? What would you think if you heard God speak out loud right now? • Why do you think God gave us rules that relate to Him? Why is it important to follow these rules? • Why do you think God gave us so many rules that have to do with getting along with other people? • Which of these commandments to you this is the most important?

Video/Song	<ul style="list-style-type: none"> • Ten Commandments Song for Kids https://www.youtube.com/watch?v=IB3A7RcP89E&t=95s • Teaching Kids the Ten Commandments (with hand motions) https://www.youtube.com/watch?v=auBp1tiiD7c
Suggested Activity (Toddlers/Preschool)	<ul style="list-style-type: none"> • Coloring Page - Moses and the Ten Commandments (<i>see attached</i>) • Ten Commandments Hand Craft (<i>see attached</i>)
Suggested Activity (K-2nd grades)	<ul style="list-style-type: none"> • Coloring Page - Moses and the Ten Commandments (<i>see attached</i>) • Ten Commandments Dice Game (<i>using hand motions from video resource</i>) - <i>See attached for instructions</i> • Ten Commandments Hand Craft (<i>see attached</i>)
Suggested Activity (3rd-5th grades)	<ul style="list-style-type: none"> • Ten Commandments Folding Activity (<i>see attached</i>) Instructions: https://www.youtube.com/watch?v=ccrwwvGYIqyg&feature=emb_logo • Ten Commandments Word Search (<i>see attached</i>) • Ten Commandments Dice Game (<i>using hand motions from video resource</i>) - <i>See attached for instructions</i>



God Gave Moses His Laws

Color by Number

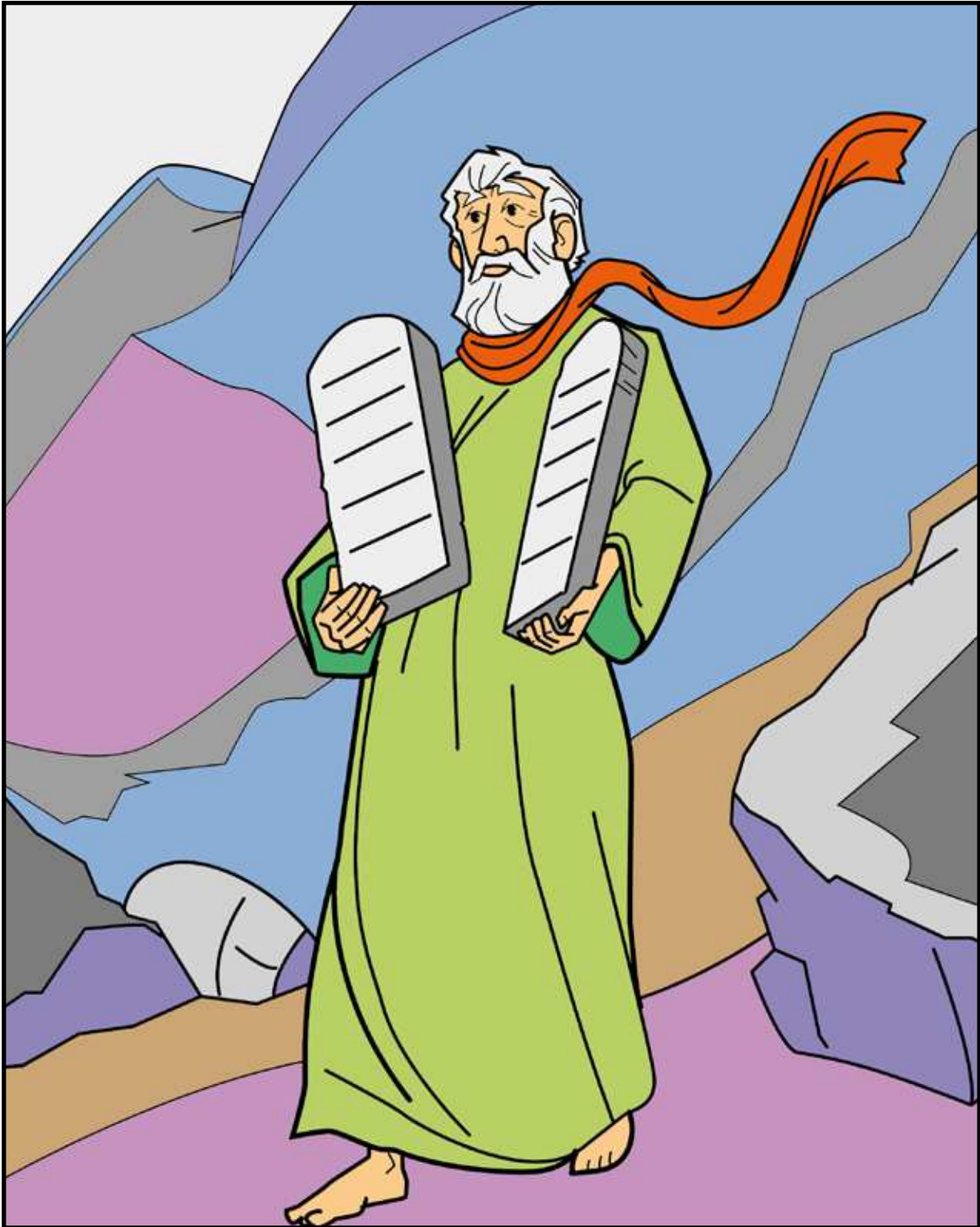
Color each section by the colors shown in the list at the bottom of the page. If you don't have all of the colors listed or find an area that's not numbered, make your best color choice.



1. Skin
2. Pink
3. Tan
4. Purple
5. Light Gray
6. Gray
7. Dark Gray
8. Light Green
9. Light Blue
10. Dark Green
11. Orange

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God Gave Moses The Ten Commandments Bible Craft



Bible Story: God Gave Moses the Ten Commandments

Bible Text: Exodus 19:1-6; 20:1-17; 31:18

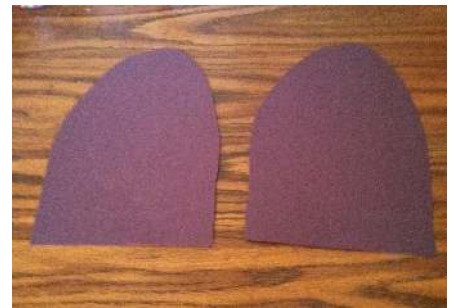
Suggested Learning Outcome: This craft will help children begin memorizing the Ten Commandments.

Supplies List:

- Black Construction Paper
- White Construction paper
- Scissors
- Glue
- Stapler/staples
- White crayons or colored pencils

Teacher Preparation:

Pre-cut black construction paper into two large “tablet” shapes (one set per student) (see image).



Instructions:

Step 1. Give each student a white sheet of paper and instruct them to trace their hand prints, both right and left hands. Guide children in cutting out their handprints and gluing one hand print on each tablet shape (see image).



Step 2. Help students copy a shortened version of each commandment onto each individual finger. Young children may need the commandments written for them (see image).



Step 3. Lay the tablet shapes on top of each other and staple along the edge to create a book that opens to reveal the handprint commandments (see image).



Step 4. Instruct students to give their booklet a title using white crayons or colored pencils (see image).



10 Commandments Dice Game

OBJECT OF THE GAME: To name the commandment that matches the number on the dice.

Quick Practice: For unlimited number of players: Each player takes a turn to roll the 2 dice. Whatever numbers the dice adds up to be, the player holds up that many fingers and recites the commandment with the hand motions.

When a player rolls the 11 combination (6 and 5), this represents the 1st commandment. The player will recite commandment 1, make the hand motion and then rolls again!

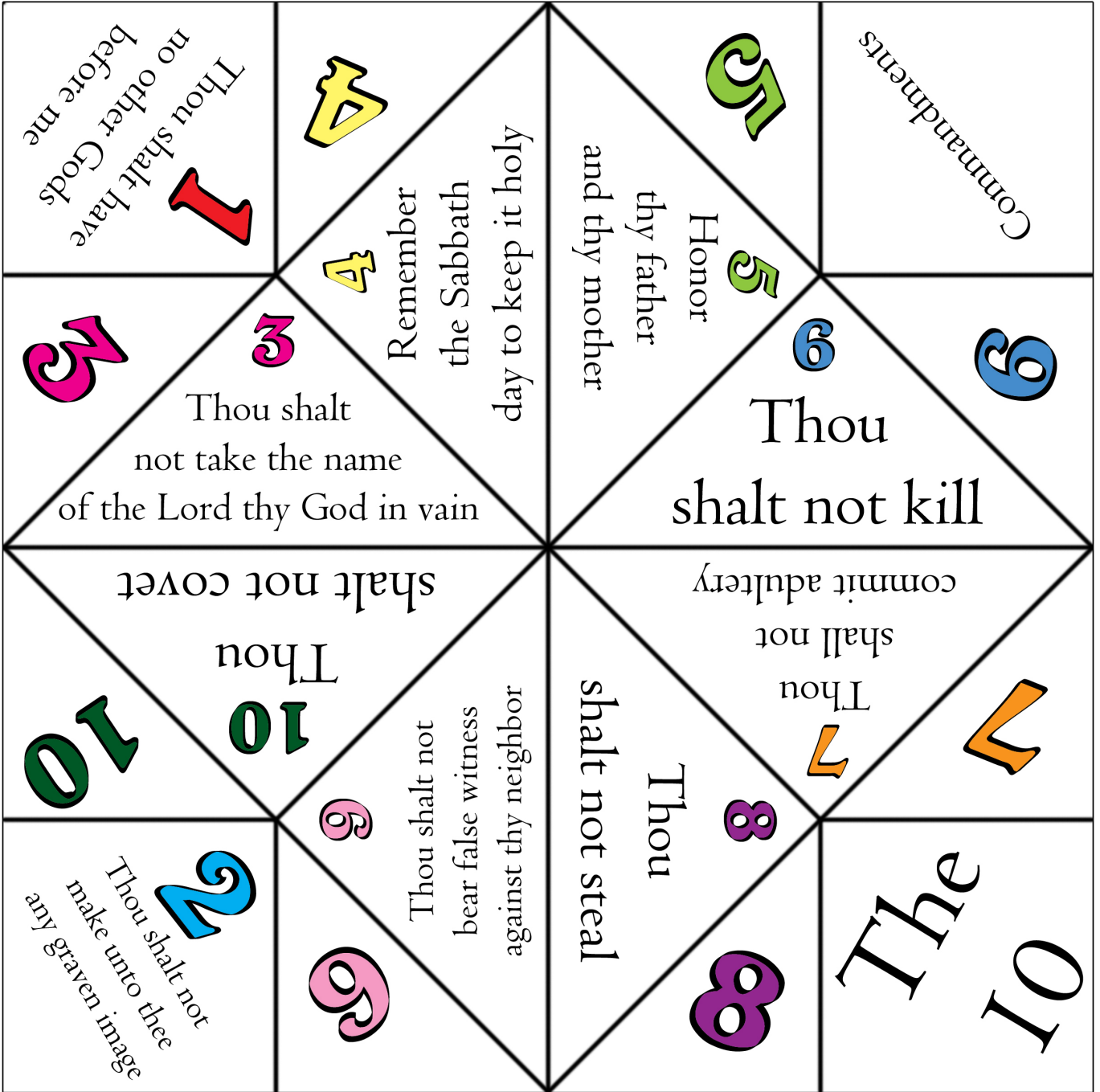
If the player rolls a 12 (6 and 6) they recite any commandment they want, make the hand gesture and then roll again!

All other players are to remain silent (and listen) - unless the player that rolled the dice asks for help. The player who rolled the dice gets to choose whom they want to help them. Pass the dice to the next player to the right. Continue as long as desired.

Ideas taken from SundaySchoolnetwork.com

10 Commandment Heart Puzzle

- Trace a heart shape.
- Cut it out.
- Choose a 10 commandment.
- Make a zigzag line down the center of the heart.
- Write the number of the 10 commandment that you chose, on one side of the heart.
- Draw a picture of how to obey the commandment on the other side of the heart.
- Cut on the zigzag line to turn your heart into a puzzle.
- Repeat with other 10 commandments.
- Use Ziplock bag to take project home.



Commandments

5

Honor thy father and thy mother

5

6

Thou shalt not kill

6

Thou shalt not commit adultery

7

Thou shalt not steal

8

The 10

7

Thou shalt not

4

Remember the Sabbath day to keep it holy

4

3

Thou shalt not take the name of the Lord thy God in vain

3

1

Thou shalt have no other Gods before me

10

Thou shalt not covet

6

6

Thou shalt not bear false witness against thy neighbor

2

Thou shalt not make unto thee any graven image

God Gave Moses His Laws

Word Search

Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.



C	T	N	C	O	V	E	N	A	N	T	M
T	O	O	S	I	N	A	I	A	M	V	O
L	A	M	Q	U	O	N	S	E	F	T	U
T	U	E	M	O	L	O	E	L	A	Q	N
E	R	I	T	A	E	G	Y	P	T	V	T
N	M	O	R	E	N	R	S	I	H	E	A
H	O	N	O	R	E	D	T	A	E	V	I
L	T	S	I	T	N	A	M	A	R	N	N
U	H	S	T	E	A	L	U	E	R	I	T
L	E	T	A	B	L	E	T	S	N	T	E
N	R	L	L	A	M	S	E	Q	U	T	R
S	A	B	B	A	T	H	J	O	H	A	S

COMMANDMENTS
COVENANT
EGYPT
FATHER

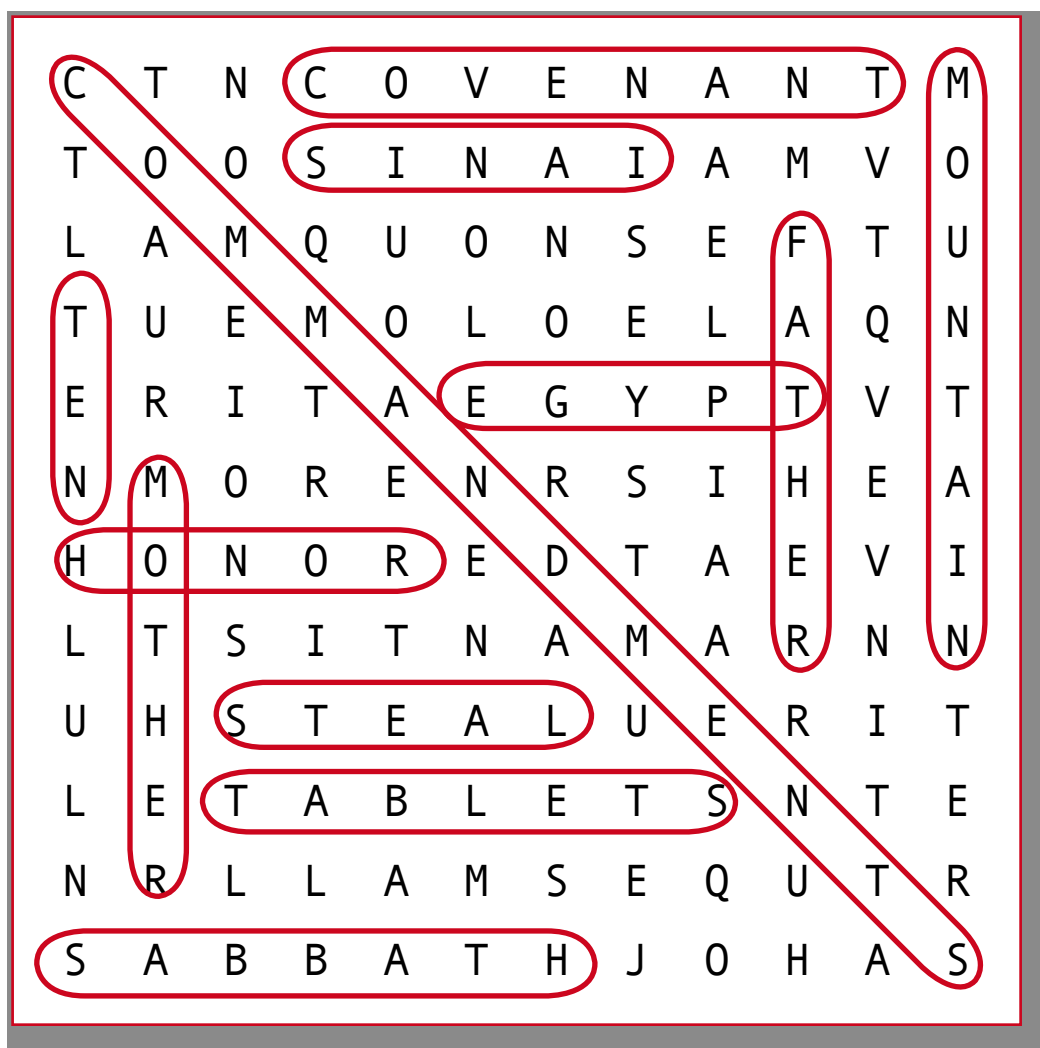
HONOR
MOTHER
MOUNTAIN
SABBATH

SINAI
STEAL
TABLETS
TEN

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Find the words on the list that are hidden in the puzzle. The words can be left to right, up and down, or diagonally.



COMMANDMENTS	HONOR	SINAI
COVENANT	MOTHER	STEAL
EGYPT	MOUNTAIN	TABLETS
FATHER	SABBATH	TEN