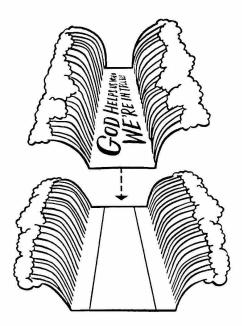
## Standoff at the Red Sea

Lesson 5 - Exodus 13:17 - 15:21

"Do not be afraidThe Lord will fight for you;"
Kinder - 2nd (Exodus 14:13)
"Do not be afraid The Lord will fight for you; you need only be still."
3rd - 5th (Exodus 14:13)
"Do not be afraid. Stand firm and you will see the deliverance of the Lord today. The Egyptians you see today you will never see again. The Lord will fight for you; you need only be still."
Exodus 13:17 - 15:21 God rescues the Israelites at the Red Sea
To help kids see that no matter how terrifying the challenge or situation, God helps us when we're in trouble as we cry out to Him.
Sometimes God wants us to wait until he helps us when we are in trouble or in a difficult situation.
The God who made the universe is the same God who helps us when we are in trouble.
Q: Tell about a time when you had to be still and wait. What was it like? How did you feel?
A: Almost all kids don't like to wait or be still. Let them share what it feels like.
Q: When you first heard the plan was for the Israelites to be still, what did you think would happen to them? A: Answers will vary.

	<ul> <li>Q: What do you think of God's instructions to be still and wait as a fierce army is approaching?</li> <li>A: Answers will vary ex: I think it sounds crazy. We should be preparing to fight!</li> <li>Q: Tell about a time when you asked God for help and he seemed to take a long, long time answering. How did he answer?</li> <li>A: Allow kids to answer. Parents if kids have trouble you can share your story or help them remember one of their own.</li> <li>Q: How difficult is it to wait?</li> <li>A: Let kids share in their own words.</li> <li>Q: What do you think God wants us to learn in the times when we have to wait for an answer?</li> <li>A: He wants us to know that we can trust him even if it takes a long, long time.</li> </ul>
Suggested Activities for Toddlers	Take a bandaid. Decorate it with markers. Any designstripes, dots, your name, hearts, etc. Whatever you like. Then put it on your arm or leg. Remind yourself that God will always help you when you are in trouble.
Suggested Activities for Kinder - 2nd Grades	God Helps us When We're in Trouble Activity Page - (see attached "Red Sea" page)
Suggested Activities for 3rd - 5th Grades (or older)	Keep a journal of all the times you are afraid or feel like you're in trouble. Draw a line down the middle of the page (up and down). Write your problem or how you are feeling on the left side. Then on the right side, write a prayer to God asking for help or thanking him for being there. Talk to God. Allow him into your life and let him know you need help.



### LIFE APPLICATION

# God Helps Us When We're in Trouble

Lead kids to the craft table where you've set out copies of the "God Helps Us When We're in Trouble" handout, scissors, and glue sticks. Have a finished model of the rolling walls of water ready to show the kids.

### Say: Let's make this cool little reminder of how God made a way for the Israelites!

Show kids how to cut out the two large pieces and then fold the waves inward on the dotted lines. Curl the waves outward by rolling them individually around pencils. Then glue the smaller wave set inside the larger wave set so the words "God helps us when we're in trouble" are showing.

Say: Let's see—how about using these little guys to represent the Israelites marching through the Red Sea? Give each child a few gummy bears.

Say: After you've marched your bears through the sea God parted, gobble them up as a treat!

#### COMMITMENT

## Makin' a Way for You?

Have kids bring their completed crafts and form a circle.

Say: We know that God helped the Israelites, and **A** God helps us when we're in trouble.

Ask:

• Tell about a time you asked God for help and he seemed to take a long, long time answering.

## How easy or difficult was it to wait?

Jump-start these discussions by sharing faith experiences from your life. Make sure everyone feels free to talk but no one feels pressured to do so.

Say: Thanks, everyone, for talking about how **A** God helps us when we're in trouble.

# God Helps Us When We're in Trouble

God gave the Israelites unusual marching orders: "Stand still!" Then God parted the waters of the Red Sea and made it possible for them to escape from Pharaoh's army. Make your own model of the parting Red Sea!

Cut out the two pieces. Fold the waves in on the dotted lines; then curl them back around a pencil. Glue the smaller wave inside the larger one.

> Glue smaller piece between lines.

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