

Day 5 Therefore, I will hope in Him

Philippians 4:6–7 Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. | Paul also does not tell us to just stop worrying. He gives us the Spirit empowered way to move from anxiety to true peace and that is through prayer, supplication, and thanksgiving. As we bring our burdens to God, His peace guards our hearts and minds. This peace that surpasses understanding is not something we can explain away with logic or science but a true gift from God. This peace guards us like a soldier protecting a city. It defends us from the fears of this world, and from the despair we encounter. Advent calls us to bring all of our worries to God, to fully trust Him, and to rest in the peace that only Christ can give. Colossians 1:19–20 says *For in him all the fullness of God was pleased to dwell, [20] and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.* We have peace because we believe in Jesus who died on the cross!

Discussion Questions

- What truth about God do you need to call to mind today?
- What does it mean to say “The LORD is my portion”?

A d v e n t

Family Worship Guide



West Oaks Baptist Church

(in preparation for Sunday, December 14th, 2025)

Advent Devotional #2 Peace

Day 1

Isaiah 26:3-4 You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the LORD forever, for the LORD GOD is an everlasting rock. | The kind of Advent peace we are looking at this week is not the absence of trouble but the presence of God. Isaiah speaks of “perfect peace” which in the Hebrew is literally “shalom, shalom,” meaning complete and full peace. This kind of peace is given to those who fix their minds on the Lord or, as the verse says, whose mind is stayed on the Lord. It means to fully lean on God, trusting His character above your worldly circumstances. In a world filled with uncertainty and fear, Advent invites us to turn our attention away from the chaos of the world and toward the everlasting Rock, which is Christ. Christ was born into a world full of turmoil, yet He brought a kind of peace the world simply cannot imitate. His peace is rooted in His sovereignty, His righteousness, and now, His nearness. This peace that passes all understanding (Phil 4:7) grows as faith in Christ grows. The more we reflect on God’s unchanging character, the more our hearts feel at rest and peace. Advent reminds us that Christ came not only to bring peace between God and sinners but also to give peace within the believer’s heart. Because Christ is our everlasting Rock, our peace is steady, and secure and it is not based on feelings or circumstances, but simply on the God who keeps us!

Discussion Questions

- What would it look like to keep your mind “stayed” on the Lord this week?
- How do Christians gain comfort from the everlasting Rock?

Day 2

Luke 2:13-14 And suddenly there was with the angel a multitude of the heavenly host praising God and saying, ‘Glory to God in the highest, and on earth peace among those with whom he is pleased!’ |The angels’ announcement is more than a beautiful Christmas phrase found on Christmas decorations. It is a theological declaration and proclamation. The birth of Christ brings glory to God and peace to earth, but this peace is specifically for those with whom He is pleased. According to Scripture, God is pleased with those who come to Him through faith in His Son. Hebrews 11:6 says And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him. Peace with God begins at the cross. It is not simply emotional comfort but a full reconciliation that happens between sinful man and God. Christ came to remove the guilt for those who trust in the Lord and to bring us into fellowship with God. That is why the angels rejoiced, redemption had arrived! This peace also spreads from that inward change of salvation and outward into our lives. Peace with God leads to peace within the believer’s heart and then peace toward others. When the peace of Christ rules in us (Col 3:15), His peace becomes evident in our relationships, our decisions, even our responses to hardship. Advent reminds us that the Prince of Peace (Is 9:6) has come and will come again to establish eternal peace forever.

Discussion Questions

- How does Christ bring peace between you and God?
- How is this peace different from how the world might define peace?

Day 3 Unbroken Hope

John 14:27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. | Just hours before His crucifixion, Jesus comforts His disciples with an amazing gift when he says My peace I give to you. His peace is not like the world’s peace, which depends on calm circumstances or feeling comfortable. The peace of Christ is rooted in His unchanging character and His victory over sin and death. Jesus’ peace flows from His trust in His Father and His will. This same peace now dwells in us who believe and have faith in Christ through the Holy Spirit. It remains steadfast, even in the middle of trouble and hardships. When Jesus tells us not to let our hearts be troubled (John 14:1), He is not ignoring our pain or trouble in this life, but He is inviting us to rest in the One who has overcome the world. Advent teaches us that peace entered the world in the form of a humble Savior who calms fearful hearts of believers and carries His people through every storm and trial.

Discussion Questions

- What kinds of things can cause you to feel “troubled”?
- What do you usually do about it?
- How is the peace of Christ better than these other things you mentioned?

Day 4 Living Hope

Romans 5:1 Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. | Peace with God is the foundation of all true peace. Before salvation, Scripture says we were enemies of God, rebels against His holiness.(Rom 5:8-10) It is through justification that God declares sinners righteous and forgiven. This peace is not a fuzzy warm feeling but a legal reality rooted in the finished work of Christ. This kind of peace is permanent because it rests on Christ’s obedience, not ours. We are not trying to earn peace with God, and we can’t earn peace with God, we as faithful Christians already have it. Every fear we have of being condemned, every insecurity about our standing before God is answered in the cross. Advent focuses and points us to the beginning of this saving work of Jesus. Because Christ came, lived a perfect and sinless life, was obedient even to death, and rose victoriously, believers stand in unshakeable peace with God.

Discussion Questions

- Do you have this kind of peace with God?
- How does justification give you confidence before God?