

Thinking Lesson: Think of three countries far away from where you live. The people there may speak differently, but they are part of the same human family God made.

Going Deeper Question: How can remembering Acts 17:26 (verse above) help us love people who are different from us?

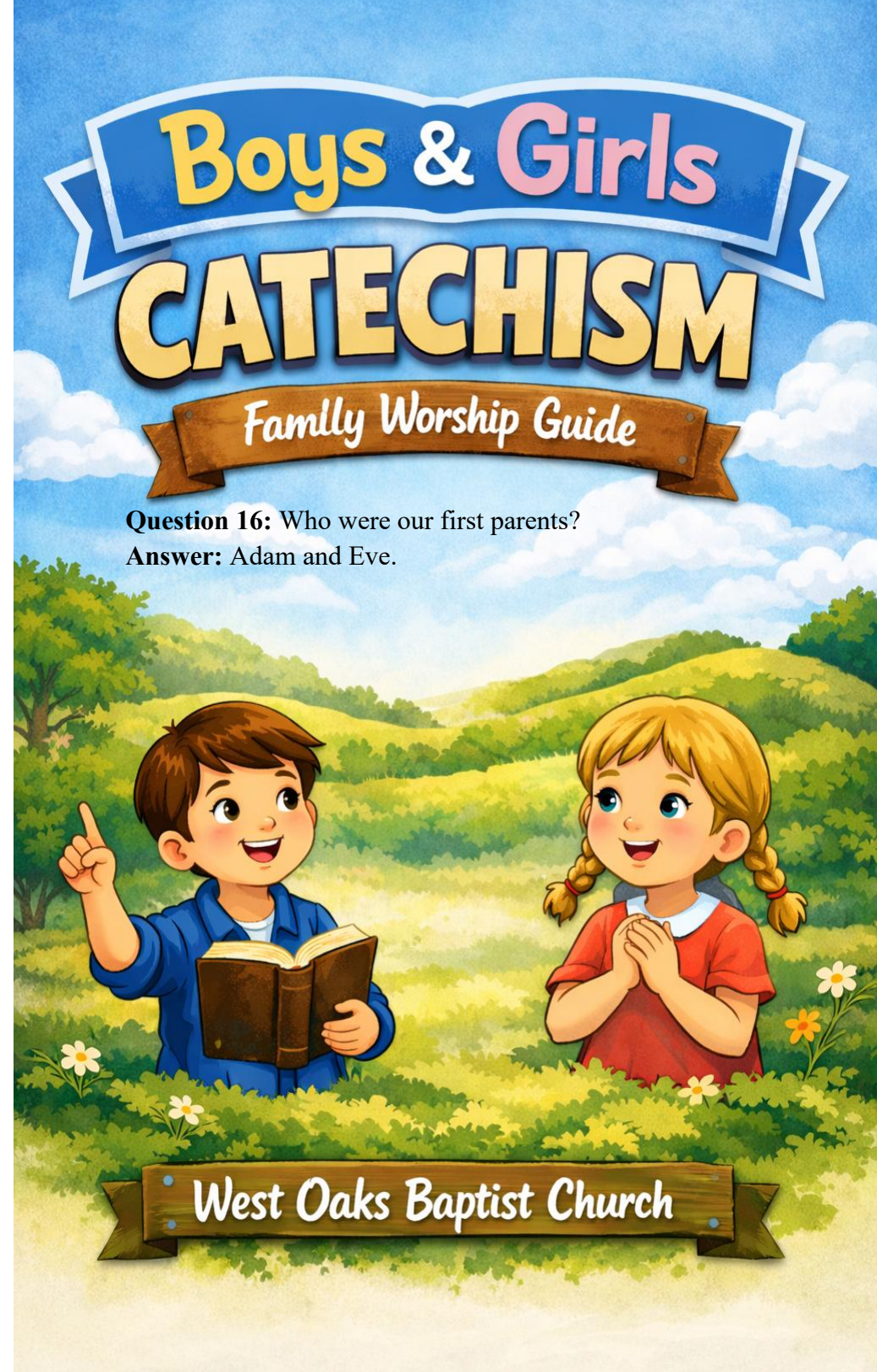
Day 5 - Adam Came First, but Christ Is Greater

Scripture: 1 Timothy 2:13 For Adam was formed first, then Eve.

The Bible teaches that Adam was formed first, and then Eve. Adam and Eve were our first parents. They were made good, but they sinned against God. Because of their sin, sadness, death, and disobedience entered the world. This might sound discouraging, but the Bible does not leave us without hope. Adam was the first man, but Jesus is greater than Adam. Adam disobeyed God in the garden. Jesus obeyed God perfectly. Adam's sin brought guilt and death. Jesus' death and resurrection bring forgiveness and life to everyone who trusts in Him. When we ask, "Who were our first parents?" the answer is Adam and Eve. But when we ask, "Who can save us from sin?" the answer is Jesus Christ. Adam and Eve help us understand where we came from and why the world is broken. Jesus shows us God's mercy and the only way to be made right with Him. So we learn this week's catechism answer with both seriousness and hope.

Object Lesson: Hold up two paper signs: one that says "Adam" and one that says "Jesus." Adam reminds us of sin and death. Jesus reminds us of grace and life.

Going Deeper Question: Why is Jesus greater than Adam?



Day 1 - God Made the First Man

Scripture: Genesis 5:1 When God created man, he made him in the likeness of God.

Adam was the first man God made. He did not come from another family. He was not born like we are. God formed him from the dust of the ground and breathed life into him. That means Adam's life came directly from God. This teaches us something important and that is people are not accidents. You are not an accident. Every boy, every girl, every man, and every woman has life because God gives life. Adam was made in the likeness of God, which means people are special in a way animals are not. We were made to know God, love God, obey God, and enjoy Him forever. When we learn that Adam was our first father, we are learning where the human family began. All people come from the same beginning, and all people belong to God our creator. That means every person should be treated with kindness and respect and that we should give God all glory.

Object Lesson: Pick up a handful of dirt or look at soil outside. It cannot make itself alive. Can you make it alive? Remember that only God can give life.
Going Deeper Question: How should knowing that God made all people change the way we treat others?

Day 2 - God Made Eve for Adam

Scripture: Genesis 2:18 Then the LORD God said, "It is not good that the man should be alone."

After God made Adam, He said something was not good. Adam was alone. So God made Eve, the first woman. Eve was not an afterthought or a mistake. She was God's good gift to Adam. God made Eve to be Adam's wife and helper. This does not mean she was less important. It means God made Adam and Eve to live together, love one another, and serve God together. Both Adam and Eve were made by God and for God. This also teaches us that God made people for relationships. We need family, friends, church, and especially God Himself. Being alone in the world without love and help is not how God designed us to live. God is kind, and He gives us people to care for us and people for us to care for. Adam and Eve were the first parents of the human family. Every family after them came from the family God began in the garden.

Object Lesson: Look at a pair of shoes. One shoe by itself is incomplete. A pair works together. Adam and Eve were made to live and serve together.
Going Deeper Question: What are some ways God uses family, friends, or church to help us?

Day 3 - Adam Named His Wife Eve

Scripture: Genesis 3:20 The man called his wife's name Eve, because she was the mother of all living.

Adam named his wife Eve. Her name reminds us that she became the mother of all living. That means every person who has ever lived came from the family of Adam and Eve. This helps us understand why the Bible speaks about all people as one human family. People may live in different countries, speak different languages, and look different from one another, but we all come from the same first parents. No group of people is better than another. Every person is made by God and comes from the same human family. But Genesis 3 also reminds us of something sad and that is Adam and Eve sinned against God. They disobeyed Him in the garden. Because Adam was our first father, his sin affected all of us. This is why every person is born a sinner needing forgiveness and a Savior. The good news is that God promised help even after Adam and Eve sinned. Jesus came to save sinners from every family, nation, and language.

Object Lesson: Draw a simple family tree. At the top write "Adam and Eve." Underneath, add branches for people and nations. Remember that all people share the same beginning.
Going Deeper Question: Why do all people need the same Savior, Jesus Christ?

Day 4 - God Made All Nations from One Man

Scripture: Acts 17:26 And he made from one man every nation of mankind to live on all the face of the earth.

The apostle Paul taught that God made every nation from one man. That one man was Adam. So the Bible does not teach that people groups have different beginnings. We all come from the same first parents. This truth should make us humble. We should never look down on people because they are different from us. Their skin, language, country, or customs may be different, but they are still part of the same human family. They are made in God's image, just like we are. It also means God rules over every nation. He is not only the God of one place or one people. The whole earth belongs to Him. Every person everywhere owes Him worship and obedience. Adam and Eve were real people, and God used them to begin the human family. But the human family fell into sin. That is why God sent Jesus. Jesus came as the Savior not just for one kind of person, but for sinners from all nations.