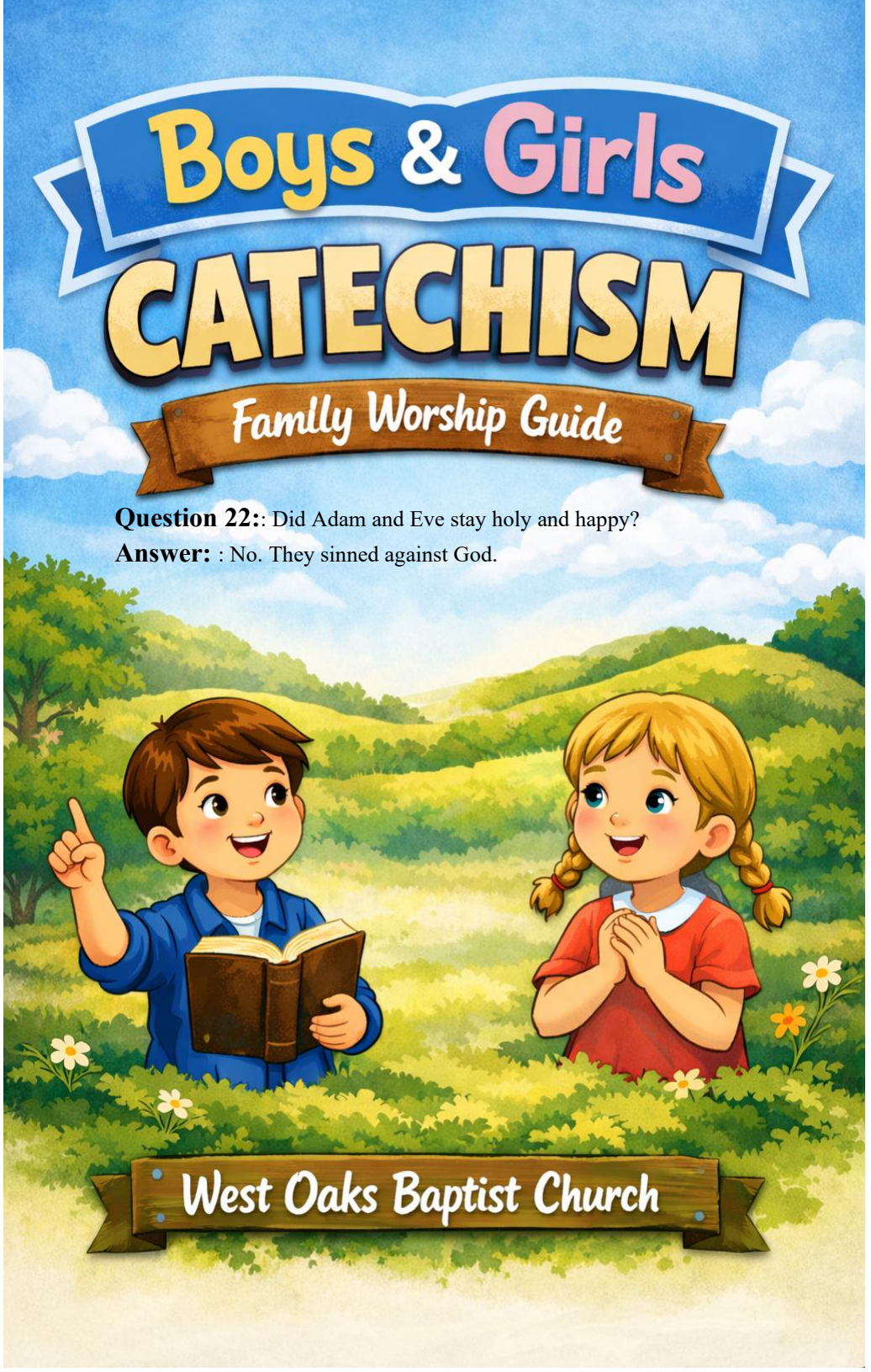
Day 5: God Promised a Savior

Scripture: Genesis 3:15 I will put enmity between you and the woman, and between your offspring and her offspring; he shall bruise your head, and you shall bruise his heel.

Adam and Eve did not remain holy and happy. The answer this week says they sinned against God, and therefore deserved His judgment. However, God gave them a wonderful promise. One day, a descendant of the woman would defeat the serpent. This promise pointed forward to Jesus Christ. Satan would bruise Jesus' heel through His suffering and death on the cross. But Jesus would crush Satan's head by rising from the dead and defeating sin, death, and the devil. The story that began with sin in a garden leads to salvation through Jesus. Adam disobeyed beside a tree and brought death to his descendants. Jesus willingly obeyed His Father and died upon a cross so that His people could receive eternal life. Everyone who trusts in Jesus is forgiven and begins to enjoy fellowship with God again. One day, Jesus will return and remove sin, sorrow, pain, and death forever and ever, or as we like to say…eternity! God's people will live with Him in perfect holiness and happiness.

Imagination Question: Imagine hearing God's promise immediately after the first sin. How did that promise give Adam and Eve hope?
Going Deeper: In what ways did Jesus undo the damage caused by Adam's disobedience?



Day 1: Adam and Eve Disobeyed God

Scripture: Genesis 3:6 So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate.

God created Adam and Eve holy and happy. They lived in a beautiful garden, enjoyed everything they needed, and walked in fellowship with God. God gave them only one prohibition, they must not eat from the tree of the knowledge of good and evil. Satan tempted Eve to doubt God's goodness and disobey His command. Eve ate the forbidden fruit, and then Adam ate it too. Their sin was not merely eating a piece of fruit. They chose to believe Satan rather than God. They wanted to decide good and evil for themselves instead of trusting their Creator. Did you know that we sometimes do the same thing? Whenever we disobey God, we act as though our way is better than His way. But God's commands are always perfect, wise and good. True happiness is found in trusting and obeying God alone.

Imagination Question: Imagine standing in the beautiful garden and hearing God's clear command. What might you have said when the serpent tried to make you doubt God? Would you have been deceived also?
Going Deeper: Why is every act of disobedience also a failure to trust God's wisdom and goodness?

Day 2: Sin Brought Death

Scripture: Romans 5:12 Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned…

Before Adam and Eve sinned, there was no death, no sorrow, not even pain. They were holy and happy because they enjoyed perfect fellowship with God. Their one disobedience changed everything! Sin entered the world, and death came through sin. Adam represented the entire human family. When he sinned, every person descended from him became part of a fallen human race. This is why everyone is born with a sinful nature. We do not have to be taught to be selfish, dishonest, or disobedient do we? Sin comes naturally to us. Sin also brought suffering into God's good creation. People become sick, relationships are broken, and everyone eventually dies. These things remind us that sin is serious. It is rebellion against our Holy God who created us and gave us life. Yet God did not abandon us as sinful people. He planned to send Jesus, the second Adam, to obey where Adam failed. Death came through Adam, but eternal life comes through Jesus Christ. (1 Cor 15:21-22)

Imagination Question: Imagine a world with no sickness, sadness, pain, or death. What would be different from the world we know?
Going Deeper: How does Adam's sin help explain why every human being needs Jesus Christ?

Day 3: Sin Made Them Hide

Scripture: Genesis 3:8–9 And they heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden. But the LORD God called to the man and said to him, "Where are you?"

Before they sinned, Adam and Eve delighted in God's presence. What happened after they sinned? They became afraid and hid among the trees. Sin had brought guilt and shame into their hearts and people today are still trying to hide their sins. We may make excuses, blame someone else, deny what happened, or hope no one discovers what we did, but nothing can be hidden from God. He sees our actions and knows our every thought. When God asked Adam, "Where are you?", He was not asking because Adam was hidden too well and God didn't know. God was calling Adam to come out and answer for his sin. God graciously seeks sinners who are scared and hiding from Him. We never need to pretend that we have not sinned. God invites us to confess our sins and come to Him for mercy. Because Jesus died for sinners, everyone who trusts in Him can be forgiven, cleansed, and welcomed into God's presence.

Imagination Question: Imagine hiding among the trees and hearing God call, "Where are you?" How do you think Adam felt?
Going Deeper: Why do people try to hide their sins, and how does the gospel give us courage to confess them?

Day 4: We Are Sinners Too

Scripture: Romans 3:23–24 For all have sinned and fall short of the glory of God, and are justified by his grace as a gift, through the redemption that is in Christ Jesus.

It can be easy to hear about Adam and Eve and think, "I would never have done that!" But the Bible says that all people have sinned. We show that we share Adam's fallen nature every time we disobey God. We sin with our actions when we take something that is not ours. We sin with our words when we lie or speak unkindly. We sin in our hearts when we are jealous, proud, selfish, or hateful. None of us loves God as we should. This truth should make us humble. We cannot save ourselves by trying harder or doing enough good things. We need God's grace. Grace is God's undeserved kindness toward sinners. Jesus lived the holy and obedient life that we have failed to live. He then died on the cross to bear the punishment sinners, like you and I, deserve. Those who trust in Jesus are justified, declared righteous before God, and it is a free gift. Our sin is great, but God's saving grace in Christ is greater. One of my favorites songs is "His Mercy Is More"

Imagination Question: Imagine that every sinful action, word, and thought appeared as a stain on your clothing. Could you make yourself completely clean?
Going Deeper: Why must salvation be received as a gift rather than earned by our good works?