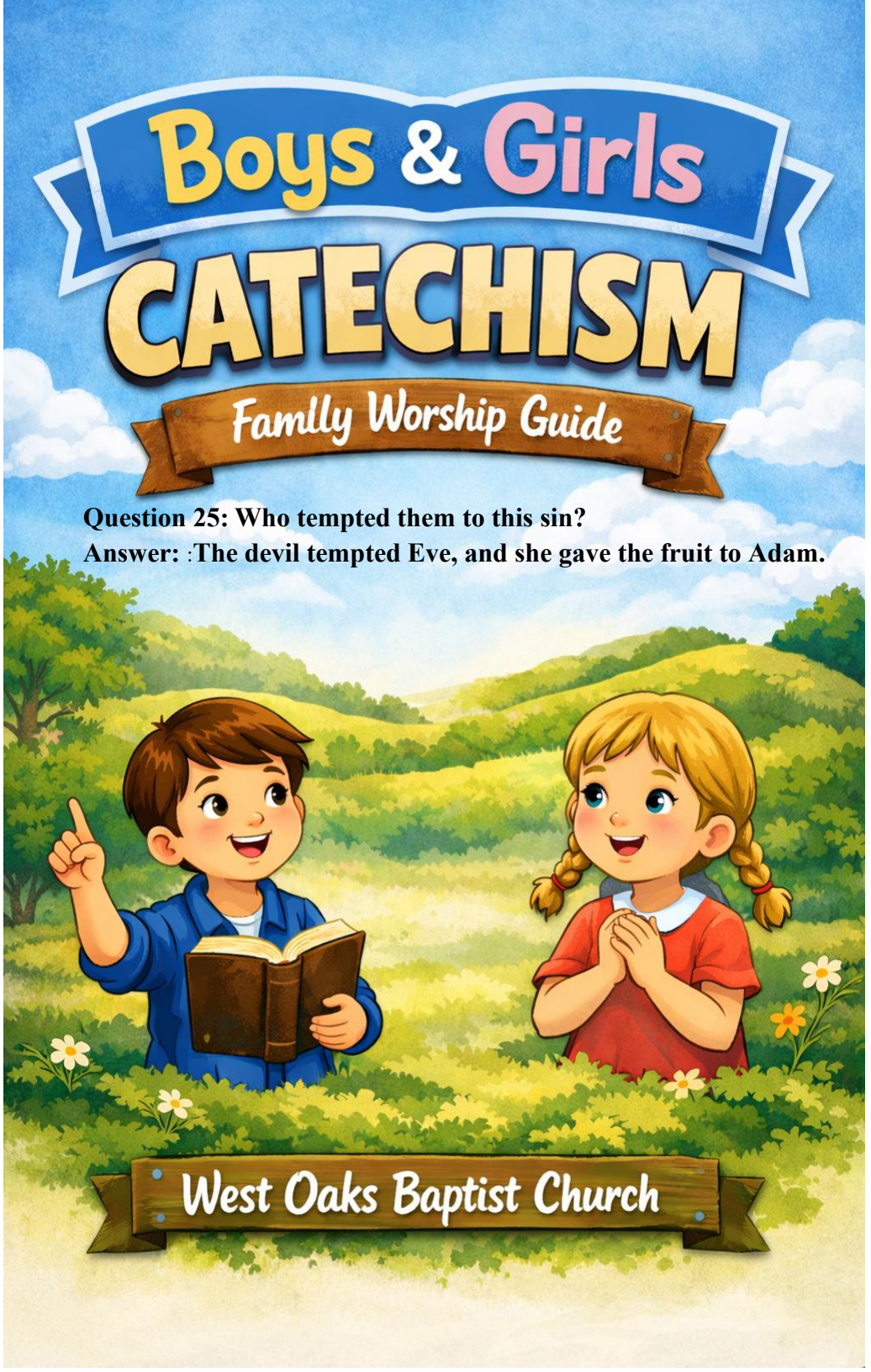
Question: What is the difference between an excuse and a confession?
Pray: Ask God to help you admit your sin honestly and seek His forgiveness.

Day 5 - Jesus Defeats the Tempter

Revelation 12:9 And the great dragon was thrown down, that ancient serpent, who is called the devil and Satan, the deceiver of the whole world—he was thrown down to the earth, and his angels were thrown down with him. (ESV)

Revelation calls Satan “that ancient serpent” and “the deceiver of the whole world.” This reminds us that the serpent who tempted Eve in Genesis was not just an ordinary enemy. Satan was working against God and His people. Adam and Eve listened to the tempter and disobeyed God. Their sin brought terrible consequences into the world. But Genesis 3 is not the end of the story. Many years later, Jesus was also tempted by Satan. But unlike Adam and Eve, Jesus never gave in. Every time Satan tempted Him, Jesus remained perfectly obedient to His Father. Jesus succeeded where Adam failed. Then Jesus went to the cross and died for sinners. He rose again from the dead, defeating sin and death. Satan is still our enemy, but his final defeat is certain. Jesus Christ is the victorious King! This gives us as Christians hope when we face temptation. We are not trusting in our own strength. We belong to Christ. We can ask Him for help, depend on His Word, and remember that He has already won the decisive victory. One day Satan will be defeated forever.

Question: How did Jesus succeed where Adam and Eve failed?
Pray: Thank Jesus for resisting temptation, dying for sinners, and defeating Satan.



Day 1 - Did God Actually Say?

Genesis 3:1–3 Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree in the garden'?" [2] And the woman said to the serpent, "We may eat of the fruit of the trees in the garden, [3] but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'" (ESV)

Satan's first attack against Eve was not a command to rebel openly against God. Instead, he began with a question: "Did God actually say?" He wanted Eve to doubt God's Word. That is still one of Satan's favorite strategies. He wants us to wonder whether God really means what He says. He may tempt us to think that God's commands are too strict, outdated, or unfair. But God's Word is true, and His commands are given for our good. Notice also how the serpent twisted what God had said. God had generously allowed Adam and Eve to eat from all the trees except one. Satan made it sound as though God was keeping everything from them. Temptation often causes us to focus on the one thing we cannot have instead of remembering all the good things God has given us. When we are tempted, we need to know what God has actually said. We should read His Word, believe it, and obey it. Jesus answered Satan's temptations with Scripture. We should learn to do the same.

Question: Why is knowing God's Word important when we are tempted?
Pray: Ask God to help you trust His Word even when temptation tells you something different.

Day 2 - The Lie Behind Temptation

Genesis 3:4–5 But the serpent said to the woman, "You will not surely die. [5] For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." (ESV)

After questioning God's Word, Satan directly contradicted it. God had warned Adam and Eve that eating the forbidden fruit would bring death. Satan said, "You will not surely die." Satan was telling Eve that there would be no real consequences for disobeying God. He also suggested that God was withholding something good from her. Satan wanted Eve to believe that she would be happier if she ignored God and chose for herself. That same lie lies behind much of our sin. Temptation tells us, "You will be happier if you disobey." It tells us that God's way will keep us from something good. But Satan is a liar, and God is always good. God does not give commands because He wants to spoil our happiness. He is our Creator and knows what is best for us. His commands protect us and lead us in the way of life. Sin often promises much more than it can give. It may look enjoyable for a moment, but it cannot give lasting joy. The safest place for us is always trusting and obeying God.

Question: What lie does temptation often tell us about God?
Pray: Thank God for His goodness and ask Him to help you recognize Satan's lies.

Day 3 - She Took and Ate

Genesis 3:6 So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. (ESV)

Eve looked at the fruit and saw that it seemed good. It looked delicious. It was beautiful. Satan had told her it would make her wise. Finally, she reached out, took the fruit, and ate it. Notice how temptation moved from listening, to looking, to wanting, and finally to acting. Sin often works the same way with us. We begin thinking about something we know is wrong. We keep looking at it or imagining it. Soon we begin wanting it. Eventually, we may choose to do what God has forbidden. That is why it is wise to turn away from temptation early. We should not play with sin and see how close we can get without falling. We should run from it and turn toward God. After Eve ate, she gave the fruit to Adam, and he ate too. Sin rarely affects only one person. Our sinful choices can influence our family, friends, and others around us. But remember: Satan tempted them, yet Adam and Eve were still responsible for their own choices. Temptation does not force us to sin. God calls us to trust Him and choose obedience.

Question: At what point could Eve have turned away?
Pray: Ask God to help you turn away from temptation before it grows stronger.

Day 4 - Adam Chose to Disobey

1 Timothy 2:13–14 For Adam was formed first, then Eve; [14] and Adam was not deceived, but the woman was deceived and became a transgressor. (ESV)

The Bible tells us something important about Adam and Eve. Eve was deceived by Satan, but Adam was not deceived in the same way. Adam knew God's command, yet he still chose to eat the fruit. This reminds us that we cannot blame someone else for our own sin. Adam later tried to point toward Eve when God confronted him. But Adam was responsible for what he had done. Eve was responsible for her sin too. Satan tempted them, but each of them made a real choice to disobey God. We sometimes make excuses too. We may say, "My friend told me to do it," or, "My brother started it," or, "Everyone else was doing it." Those things may explain why we were tempted, but they do not remove our responsibility. When we sin, God wants us to confess it honestly. Instead of making excuses, we can say, "I was wrong. Please forgive me." And here is the good news, God is merciful to sinners who come to Him through Jesus Christ. We do not need to hide our sin or blame someone else.