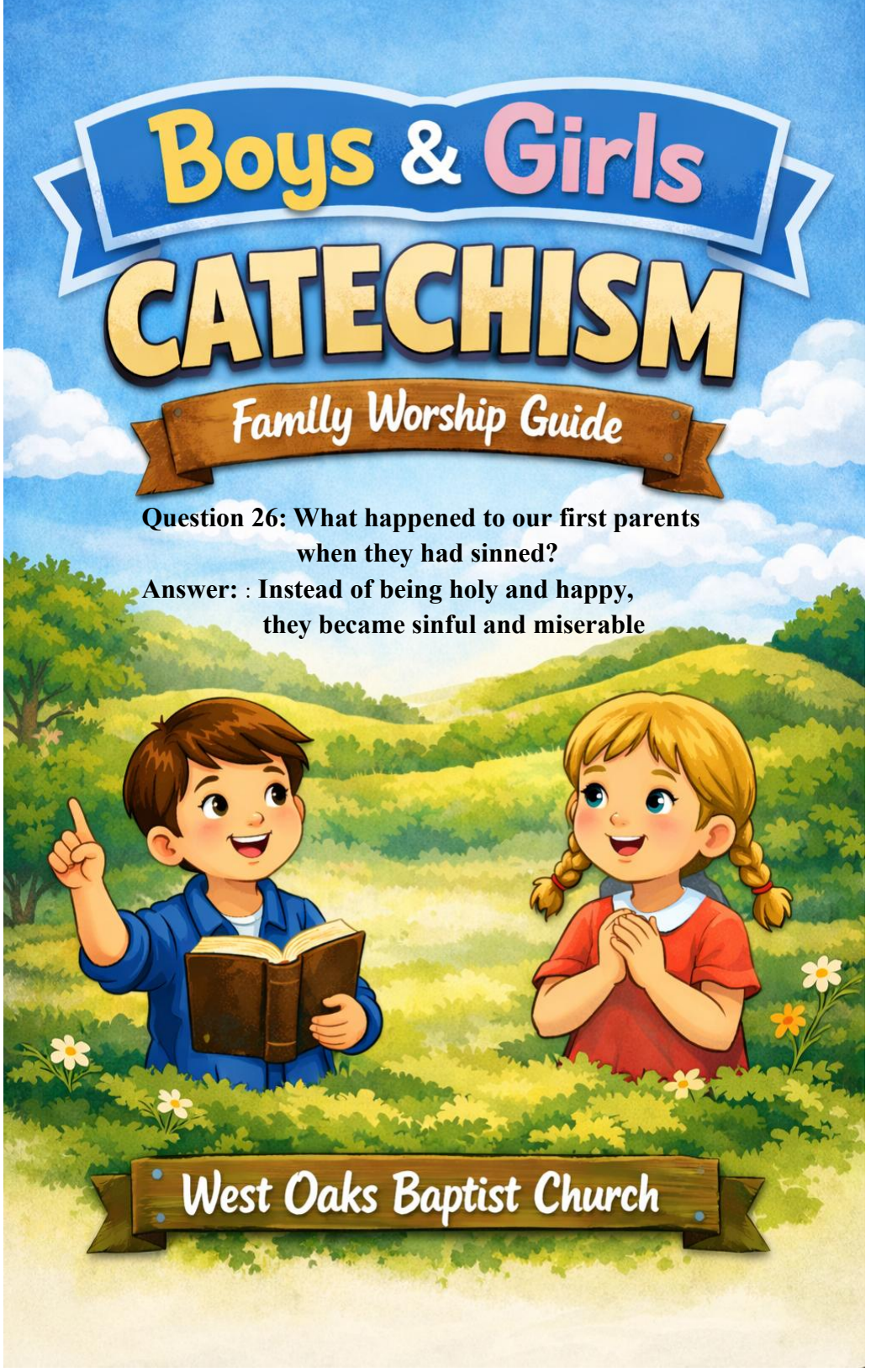
Object Lesson: A mirror covered in dirt.
Ask & Explain Q: Are we sinners like Adam and Eve?
A: Yes. We are born sinful and also choose to disobey God ourselves.
Go Deeper
Why is recognizing our own sin necessary before we truly appreciate the gospel?

Day 5 - Jesus Makes Us Holy and Happy Again

Scripture: "[19] For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous." Romans 5:19

The Lord Jesus Christ came to the Earth to give His life as a ransom for many. And this act of love was also an act of obedience. Jesus, in His earthly life, submitted Himself to the will of the Father to redeem mankind from their sinful state. And so, Jesus in His hour of trouble, prayed thus "Father, if you are willing, take this cup from me; yet not my will, but yours be done" (Luke 22:42). Jesus did not have to suffer for us in our place, but He chose to give Himself freely for us in obedience to God the Father. This meant His death on a cross and the bearing of our sin in His body on the tree when He became a curse for us. The love of Christ for us knows no bounds. And through His death and resurrection life, we also can receive eternal life. And when we come to Jesus to be delivered by Him, we become new creations (2 Corinthians 5:17) and become holy and happy again in the eyes of our Creator. And not only that but we become God's children through Christ. Thank You, Jesus, for this indescribably wonderful gift.

Object Lesson: Take a dirty piece of paper and replace it with a clean one, or show a picture of something broken and then restored.
Ask & Explain Q: How can sinful and miserable people become holy and happy again?
A: Through Jesus, who forgives our sins and brings us into everlasting fellowship with God.
Go Deeper
How does Christ restore what Adam lost, and why is everlasting joy with God better than the happiness sin promises?



Day 1 - They Lost Their Holiness

Scripture: "Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths. And they heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden." Genesis 3:7-8

Our first parents walked in the garden with God and were naked and not ashamed. For we as people are made in the image of God and created to live with God. When our first parents sinned against God, it began the chain reaction of evil we see among all mankind. Including our own sin. This evil and sin are what has caused us to lose our holiness and right standing with God. Before the moment Adam and Eve sinned against God, mankind was naked and not ashamed. Which is a biblical picture of our innocence and holiness before God. But the moment sin entered the world we read that Adam and Eve realized they were naked. Meaning, this holiness is now gone, and we are impure before God. What a terrible reality that is for humanity! That we are sinners before the God of love who made us. God is good and holy, and he cannot allow sinners to dwell in His good Kingdom. And we are sinners. But God in His love has provided a redeemer, Jesus Christ, who has come to reverse our desperate state by making us new creations in Him.

Object Lesson: White shirt/paper with a small stain.
Ask & Explain Q: Why did Adam and Eve become miserable?
A: Sin brought suffering, separation from God, and death into their lives.
Go Deeper
Why did Adam and Eve immediately become ashamed and afraid after they disobeyed God?

Day 2 - They Became Miserable

Scripture: "By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return." Genesis 3:19

Our first parents lived in the garden and walked with God. And in the garden of Eden, we were called to work and spread God's glory among the whole Earth from the Garden. We were made to work and to live joyfully with our God. But when sin entered the world, this world became a cursed world that is doomed to pass away. And because of that our lives are filled with difficulty and misery. We experience toil now in our labors, pain throughout our lives, and grief in our relationships. Truth be told, this misery is something we deserve, and infinitely more in judgement. And this misery is not something we can get rid of, even if we try. Even billionaries still experience misery and emptiness. The only way to retrieve the joy we were made for is to go back to our God who made us, to beg Him for mercy, and to receive the love that our hearts were made for. And by God's grace, His arms are open to us, for He gave His only Begotten Son for you, that you might have life abundantly.

Object Lesson: Candy with a bitter or sour candy hidden underneath it.
Ask & Explain Q: Why did Adam and Eve become miserable?
A: Sin brought suffering, separation from God, and death into their lives.
Go Deeper
Why is unbelief at the root of every sin we commit?

Day 3 - They Were Separated From God

Scripture: "[23] therefore the Lord God sent him out from the garden of Eden to work the ground from which he was taken. [24] He drove out the man, and at the east of the garden of Eden he placed the cherubim and a flaming sword that turned every way to guard the way to the tree of life." Genesis 3:23-24

We were made to live in the presence of God continually. Adam and Eve did, they walked with God in the garden. But because of sin we have been separated from our God because He is holy and we are not. And if we are to continue in this sinful state, we cannot be reunited to the Holy God of love who made us. This is why God drove us out of His presence. We were made to be in fellowship with God, our hearts were made for Him. And so how terrible it is that we are separated from Him. In many ways when we look at the world, we see this reality. People are longing for fulfillment, and they seek it in every way except the only way that they can actually get it. This world and all its glory cannot satisfy that original need we have for God. God in His grace has provided the way that we can return to Him, the one who loves us. Jesus Christ died and rose again so that we can be pure before our Father. Through Jesus, we can have that relationship we were made to have with God restored forever.

Object Lesson: Put a physical barrier between yourself and the children.
Ask & Explain Q: What was the worst thing that happened when Adam and Eve sinned?
A: Their sin separated them from God and brought death.
Go Deeper
Why is separation from God worse than every other consequence of sin?

Day 4 - We Have Become Like Adam

Scripture: "[12] Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned" Romans 5:12

Because Adam and Eve sinned against God and since they are the first parents of all mankind, we have all inherited by birth their sinful state and the consequences from it. All mankind, from the hidden tribes in the Amazon Jungle to the Chinese peoples to the Inuit's. We are all are born with a nature born to commit evil and are thus separated from God by birth. We all apart from Jesus and thus live according to the 'passions of our flesh' and 'carry out the desires of the body and the mind' (Ephesians 2:2). We are not innocent but are culprits and criminals against the Kingdom of Heaven. Criminals against the God of Love and Goodness, whether we like it or not. But our Creator, who made us and loves us more than we can understand. Did not want to leave us to receive what we justly deserve. He has given us a Savior, who bore the penalty of our sin on Himself at Calvary. Jesus Christ, the Son of God, He is the one has turned the tide of the sin of Adam and Eve. And has brough redemption for all who repent and believe in Him.