

Discussion Questions

- What is wrong with taking the Lord's Supper when you haven't repented of your sins?
- Does repentance of sins mean you never sin? What does true repentance look like?

Day 5 – Review Q&A and recite memory verse

Yesterday we talked about the importance of evaluating your repentance when you take the Lord's Supper. The catechism joins to repentance two other related qualities of the Christian life. They are love and new obedience. The Christian life is entered into when a new believer repents of his sin and believes in Christ for salvation. We are not saved by our works and there is no level of holy living we have to achieve before we can be saved. We are saved by the work of Jesus Christ on the cross alone. While we are not saved by our works, we are saved so that we can start to live more and more like Jesus Christ. We can pursue holiness because of what Jesus has done for and in us. One way of summarizing this growing holiness is 'love and new obedience'. The catechism is pointing out that we as Christians ought not to continue to live like we did before we were saved. Our lives should look different. If we continue to live in sin as if Jesus had done nothing for us, then when we take the Lord's Supper we are lying about Jesus' work by our lives. If you are living in sin to such a degree that repentance, love, and new obedience don't describe you then you should talk with your elders about whether you should be taking the Lord's Supper. Most importantly, you should remember your need of Christ and pursue repentance and faith today.

Discussion Questions

- Why is holy living so important when it comes to taking the Lord's Supper worthily?
- Do you need to renew your repentance and faith?

Baptist Catechism

Family Worship Guide



West Oaks Baptist Church

(in preparation for Sunday, October 12th, 2025)

Baptist Catechism Question #104

Q: What is required to the worthy receiving of the Lord's supper?

A: *It is required of them that would worthily partake of the Lord's supper, that they examine themselves of their knowledge to discern the Lord's body, of their faith to feed upon him, of their repentance, love, and new obedience, lest coming unworthily they eat and drink judgment to themselves.*

Suggested Memory Verse

*2 Corinthians 13:5 Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realize this about yourselves, that Jesus Christ is in you?—unless indeed you fail to meet the test!
(ESV)*

Day 1 – Review Q&A and recite memory verse

In our final week of discussing the Lord's Supper we come to a very important question, how are we to take of the Supper? Our answer comments on the importance of *worthily* partaking of the Supper. There are two ways to take this. The wrong way is to think that we need to make ourselves worthy before we take the Lord's Supper. We need to make sure we have been doing the Christian thing well enough so we are worthy on Sunday to take the Lord's Supper. This is not consistent with the gospel of Jesus Christ. If we had to be good enough to be worthy to take the Lord's Supper, we would never take it. You will never be good enough. You receive the Lord's Supper because Christ has merited it for you. He is worthy enough. The second, and correct way, to understand this is as Paul speaks in Philippians 1:27 *Only let your manner of life be worthy of the gospel of Christ*. Paul is not telling them to be good enough to merit the gospel. He is saying that they have received the grace of God in the gospel, and they need to live in such a way that adorns the gospel and demonstrates its truth in their lives. Likewise, when we take the Lord's Supper we are to take in such a way that adorns the gospel that the Supper pictures. Our manner of taking ought to commend the truth of what we proclaim.

Discussion Questions

- Why do you think it is important how we take the Lord's Supper?
- What is the difference between being worthy of receiving God's blessings and receiving them in a worthy way?
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Day 2 – Review Q&A and recite memory verse

Have you ever sung a song and realized you don't know what the words mean? This can happen with nursery rhymes or children's songs. It can also happen with more serious settings, such as songs we sing at church. Knowledge is an important part of how we engage in worship. If we are to take the Lord's Supper worthily, the catechism says we need to examine our knowledge. Particularly, we need to examine our knowledge to *discern* the Lord's body. In the early church the Corinthians were selfishly eating and drinking without making sure that all the gathered Christians were able to enjoy the meal. Those who were wealthy, and had provided the elements, were keeping the meal for themselves while their brothers who had less were left without. While such behavior is rude and selfish in general, it was especially bad considering the importance of the meal. The bread and wine were intended to represent the body and blood of Jesus given for his church. The common sharing of the elements was intended to remind all the believers that they, together, needed what Jesus had provided. When they acted in ignorance, they made a mockery of the body of Jesus broken for themselves, and a mockery of the body of Jesus that he had made for himself (the gathered church). If we want to take the Supper in a way that is worthy, we need to recognize the meaning of the elements, as well as the identity of the believers we share with.

Discussion Questions

- Have you ever walked through worship (and the Lord's Supper) by rote without thinking about what it means? What's wrong with this?
- What does it mean to discern the Lord's body?

Day 3 – Review Q&A and recite memory verse

Have you ever tried thinking about your own breathing? You breath normally every moment of your life without giving it one thought. Yet, if you try to think about taking breaths it immediately messes you up. Suddenly you start breathing too fast, then too slow, then you might get dizzy and have to sit down! Thinking about your own faith can sometimes be like that. Trying to examine your own faith is difficult and confusing. Yet, it is important as the catechism tells us, to *examine...our faith to feed upon him*. Faith is critical to our reception of Jesus Christ as our Lord and Savior. In the gospel we learn of Christ's love and sacrifice for us and we are called on to believe in Him. Without faith we cannot please God. By faith we trust in Jesus's death to please God on our behalf. When it comes to taking the Lord's Supper, we are partaking in the bread and wine which represent the gospel. These elements show what Jesus did to make us acceptable to God. If we are going to take in a way that is worthy, meaning in a way that shows the gospel really is what saves us, we need to take it in faith. If we don't we are turning the Lord's Supper into another work that we perform for God. When you consider your own faith it is important to think not so much about how strong your faith is, but whether it is in Jesus or not.

Discussion Questions

- How can you renew your faith in taking the Lord's Supper?
- Consider always asking yourself if you are trusting in Jesus' sacrifice for you.

Day 4 – Review Q&A and recite memory verse

As we consider the manner in which we take the Lord's Supper, we come today to the question of repentance. Repentance is a turning away from our old ways of sin and self-reliance as we put our faith in Jesus Christ to save us. When we consider the biblical gospel of Jesus Christ we can often tell the difference from the world's false gospels by considering repentance. The world is often fine with the idea of the love of God. They say God loves everyone and wants the best for you. They declare that Jesus came to save you just the way you are. The world recoils from the idea that each of us has sinned against God in such a manner that we all deserve to be judged in hell. Accordingly, the world offers a gospel that promises heaven but doesn't require repentance from sin. Jesus preached a radically different gospel. Jesus declared in Mark 1:15 *"The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel."* If you are a believer in Jesus, at some point you heard the gospel and believed. That faith involved a decision to turn away from your own works to justify yourself before God. It also involved a decision to abandon your sin in favor of following Jesus. Part of a right taking of the Lord's Supper involves a regular and continuing in that same repentance.