

Discussion Questions

- Often, our anxiety for what we need leads us to sin. What sort of sins does your own fear lead you to?
- Share some Bible verses that remind you of God's love for you in Jesus.

Day 5 – Review Q&A and recite memory verse

In the Lord's Prayer, we are encouraged to pray that God would *give us this day our daily bread*. We are daily reminded of our need for God to provide. We need food and clothing. We need homes, jobs, friends, and family. We need health in our bodies and our minds. While God promises to provide, he also commands us to work for those very things we need. We work to provide money for ourselves and our families. We work to keep up our homes, maintain our cars, pursue healthy bodies, cultivate families, and grow friendships. In our working, however, there is a danger. We may start to think that the things we work for in this life are the final goal we are pursuing. The Bible reminds us that all the things we work for in this life, though good gifts from God, are not lasting. If this life is our treasure, then it will all be lost when we die. John 6:27 *Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal.* We need to see that the true bread we need, rather than the daily bread of this life, is found only in pursuing Jesus Christ. John 6:35 *Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.*

Discussion Questions

- What looks different in your day when you are looking for food that endures to eternal life?
- Have you come to Jesus for life?

Baptist Catechism

Family Worship Guide



West Oaks Baptist Church

(in preparation for Sunday, November 30th, 2025)

Baptist Catechism Question #111

Q: What do we pray for in the fourth petition?

A: *In the fourth petition, which is, Give us this day our daily bread, we pray that of God's free gift we may receive a competent portion of the good things of this life, and enjoy his blessing with them.*

Suggested Memory Verse

Philippians 4:19 And my God will supply every need of yours according to his riches in glory in Christ Jesus. (ESV)

Day 1 – Review Q&A and recite memory verse

Have you ever gone a long time without eating? A busy day can lead to skipped meals. Some people will fast for a day or longer for health reasons. God's people fast for religious purposes. For the desperately poor, there are times when they don't have any food to eat at all. When we get hungry, it reminds us that we are creatures and dependent moment by moment on God to provide all we need. In the beginning, God created Adam and Eve and gave them a beautiful garden that would supply all their needs. The provision of that initial state did not last, for when Adam and Eve sinned, a curse came upon the earth. Genesis 3:17-19 *And to Adam he said, "Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, 'You shall not eat of it,' cursed is the ground because of you; in pain you shall eat of it all the days of your life; thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return."* The earth no longer provides a sure supply of food. Jesus teaches us in the Lord's Prayer to turn to God for the daily supply we need.

Discussion Questions

- Have you ever not had enough food? What do you think it would be like to have no food to eat?
- Every time you eat for the next few days, try remembering that God is the one who provided your food and thank him for it.

Day 2 – Review Q&A and recite memory verse

In the Lord's Prayer, we implore God to *give us this day our daily bread*. This includes the food we eat. Each day we become hungry, and each day we are supplied by our God with the food we need. But our needs in this life are not limited to food. We need clothes to wear, a place to sleep, work to do, friends and family to love us and be loved by us. The catechism recognizes this when it sees in the provision of bread *a competent portion of the good things of this life*. Just as God knows we need food to eat, he also knows all these other needs. Scripture assures us that God in his love for us, will provide for his children. Philippians 4:19-20 *And my God will supply every need of yours according to his riches in glory in Christ Jesus. To our God and Father be glory forever and ever. Amen.* Since God knows our needs and we have such assurance in scripture, we should pray daily for God's provision. Our prayers may sometimes be desperate when we don't have the things we need currently, but we should pray in faith. God will provide for those who believe in him.

Discussion Questions

- What are some of the needs that people have in this present life?
- Share some of the things God has given you today. Together, praise God for the provisions he has given you.

Day 3 – Review Q&A and recite memory verse

We as God's creatures are dependent on him for our life and our sustenance. We need food to eat, water to drink, clothes to wear, beds to sleep in, and people to know and love. Our dependence on God is complete. If he were to withdraw his hand, we wouldn't take our next breath. By God's sweet grace, he provides for us in this life. While our need for God is complete, he does not intend for us to do nothing for the provisions we have. God has created us so that we work for the very things he supplies. In the garden, God gave Adam a job to do before the fall. Adam was made to work! After the fall, God still intended to have Adam work. By his toil the earth would forth both good food as well as thorns and thistles. We as God's people are still commanded by God to work for our daily bread. 2 Thessalonians 3:11-12 *For we hear that some among you walk in idleness, not busy at work, but busybodies. Now such persons we command and encourage in the Lord Jesus Christ to do their work quietly and to earn their own living.* We do our work, not because we don't need God to provide, but because he has so graciously promised to provide for us. In our work, we bring glory to our savior.

Discussion Questions

- Why do we still have to work so hard even after God saves us?
- Does the **way** you do your work (job, raising kids, chores, school) bring glory to God?

Day 4 – Review Q&A and recite memory verse

Have you ever been anxious about your next meal? Sometimes my kids will come pacing through the kitchen as dinnertime approaches. They are filled with questions. "Is the food almost ready?" "What are we eating?" "How much longer?" The anxiety level of these questions continues to rise the longer they must wait. In my responses, I often try to remind my children that their parents will provide for their needs. We love them and will care for them. Often, we act the same way toward God. We sense our needs. We are hungry or thirsty. Our clothing is starting to wear out. Bills are coming due. Perhaps we lose a job and aren't sure where provision is coming from. In our need, we often respond with fear and anxiety. God, our Father, assures us in his word of his love for us. Matthew 6:31-33 *Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.* It can be tempting in our needs to doubt God. We fill our minds with fears and anxieties as we strive to provide for ourselves. God reminds us to trust in his son, Jesus Christ, and he will care for us. There is no need to fear.