

YOU ARE NOT ALONE

WEEK TWO

My Kids Are Driving Me Crazy

TALK IT OVER

Key Scriptures:

"And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says, 'My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son.'"

Hebrews 12:5-6

"They disciplined us for a little while as they thought best; but God disciplines us for our good, in order that we may share in his holiness. No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it."

Hebrews 12:10-11

Things to remember when disciplining your kids:

1. Discipline has to be about training.
2. Discipline has to be consistent.
3. Discipline has to be balanced with love.

What makes consistent discipline difficult:

1. Discipline changes with every stage of your child.
2. Discipline is not one size fits all
3. Discipline does not feel good; it's not fun.
4. Discipline is inconvenient.

Start celebrating. Revisit action item(s) from last week.

- What one special gesture did you do for your spouse this week?

Start thinking. Ask questions to get your group thinking.

- Is there anything you are doing or not doing that contributes to the chaos of parenting? (considering giving your group time to write responses to this question)

Start talking. Find a conversation starter for your group.

- What is your reaction to the [Rules for Raising a Delinquent?](#)
- Think back through Paul's message. What sticks out to you?

Start sharing. Choose questions that create openness.

- What are you hoping to produce in your child?
- What methods of discipline do you implement as a parent?
- What are examples of how to connect discipline and training to God's word?
- What prevents you from being consistent with your discipline?
- Can you share a story of when discipline was inconvenient?
- In what demonstrative ways do you balance your discipline with love?

Start digging. Provide these Scriptures for people to read during the week.

Proverbs 13:24 | Proverbs 19:18 | Proverbs 22:6

Proverbs 22:15 | Proverbs 29:15

Start praying. Be bold, and pray specifically.

Father, we have more information available to us about parenting than ever before; unfortunately, the majority of it is a lie. Thank you for your word and for your truths about parenting. Thank you for guiding us in the principles to raise up our kids to love you and live their lives for you. Empower us to focus only on that one goal as parents and to train the next generation of disciples.

Start doing. Commit to a step, and live it out this week.

Spank your kids this week...better yet...work with your spouse to develop a plan for discipline that you will implement for your family. Use someone in your small group to be a partner with you in that plan so you don't feel alone when it gets difficult.

**"You could do everything right...
and your kid still has free will..."**

~Paul Wingfield~