



Take the **35 Day "Sticky" Challenge**. Each day read the designated passage, slowly, 3-4 times. Notice a word or phrase you seem "stuck" on. Write that phrase on a "sticky" note and come back to it a few times throughout the day. On SABBATH, review your favorite passages. *(PRO TIP: Don't read from your phone. Shut it off and use a hardcopy)*

- Day: 1 Isaiah 40:29-31**
- Day: 2 Exodus 14:14**
- Day: 3 2 Chronicles 7:14**
- Day: 4 James 1:5**
- Day: 5 Philippians 4:19**
- Day: 6 Psalm 37:4**
- Day: 7 SABBATH**
- Day: 8 John 14:13-16**
- Day: 9 Luke 11:9-13**
- Day: 10 Matthew 6:31-33**
- Day: 11 Romans 10:9-10**
- Day: 12 Revelation 3:5**
- Day: 13 John 8:36**
- Day: 14 SABBATH**
- Day: 15 Deuteronomy 31:8**
- Day: 16 James 4:7**
- Day: 17 Isaiah 61:6**
- Day: 18 Isaiah 54:17**
- Day: 19 I Peter 4:1-2**
- Day: 20 2 Corinthians 4:17-18**
- Day: 21 SABBATH**

- Day: 22 Colossians 3:3-4**
- Day: 23 Revelation 2:7**
- Day: 24 Isaiah 43:2**
- Day: 25 John 3:36**
- Day: 26 Malachi 3:10**
- Day: 27 Psalm 18:3**
- Day: 28 SABBATH**
- Day: 29 Ephesians 3:16-19**
- Day: 30 Psalm 103:2-5**
- Day: 31 2 Samuel 7:28**
- Day: 32 Psalm 19:7**
- Day: 33 John 10:10**
- Day: 34 Isaiah 54:10**
- Day: 35 SABBATH**



Take the **35 Day "Sticky" Challenge**. Each day read the designated passage, slowly, 3-4 times. Notice a word or phrase you seem "stuck" on. Write that phrase on a "sticky" note and come back to it a few times throughout the day. On SABBATH, review your favorite passages. *(PRO TIP: Don't read from your phone. Shut it off and use a hardcopy)*

- Day: 1 Isaiah 40:29-31**
- Day: 2 Exodus 14:14**
- Day: 3 2 Chronicles 7:14**
- Day: 4 James 1:5**
- Day: 5 Philippians 4:19**
- Day: 6 Psalm 37:4**
- Day: 7 SABBATH**
- Day: 8 John 14:13-16**
- Day: 9 Luke 11:9-13**
- Day: 10 Matthew 6:31-33**
- Day: 11 Romans 10:9-10**
- Day: 12 Revelation 3:5**
- Day: 13 John 8:36**
- Day: 14 SABBATH**
- Day: 15 Deuteronomy 31:8**
- Day: 16 James 4:7**
- Day: 17 Isaiah 61:6**
- Day: 18 Isaiah 54:17**
- Day: 19 I Peter 4:1-2**
- Day: 20 2 Corinthians 4:17-18**
- Day: 21 SABBATH**

- Day: 22 Colossians 3:3-4**
- Day: 23 Revelation 2:7**
- Day: 24 Isaiah 43:2**
- Day: 25 John 3:36**
- Day: 26 Malachi 3:10**
- Day: 27 Psalm 18:3**
- Day: 28 SABBATH**
- Day: 29 Ephesians 3:16-19**
- Day: 30 Psalm 103:2-5**
- Day: 31 2 Samuel 7:28**
- Day: 32 Psalm 19:7**
- Day: 33 John 10:10**
- Day: 34 Isaiah 54:10**
- Day: 35 SABBATH**

