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## Grace and Peace to you



### Metanoia Prison Ministries

Just about a year ago, I was pondering what I could do in ministry. I knew of Jesus' command to do unto others as you would have them do to you, and I knew that the "others" included people that I did not personally know, even to those incarcerated in prison.

With that in mind, I looked for ways to minister to women in prison that would be something I could do, given physical issues, ability and ... well, that I could do. I came across Metanoia Prison Ministries, a PCA MNA sponsored ministry. This is the link to the home page for the ministry. <http://pcamna.org/metanoia-ministries/>. Metanoia provides

correspondence courses to prisoners using a curriculum that Metanoia developed. The biblical studies are based in the reformed tradition and

go from basics of the faith to advanced levels. All the prisoners begin at the first study which is about God, truths that He exists, that He is the creator of the universe, and that He has made himself known to us. This program is for both men and women, but I am working as an instructor with women so that is the gender referenced here.

When the women complete the basic course work, they are assigned to a mentor who, among other things, agrees to visit with the prisoner on a regular basis and to assist her in applying the doctrines of grace to her daily life. This might be too difficult for you to do; it certainly would be for me. However, as an instructor with Metanoia, I am now working with my second female prisoner.

The process is something like this: The inmate will sign up for Metanoia Bible classes and Metanoia sends the inmate the first study booklet. Upon its completion, the inmate returns it to Metanoia and it is then sent to me, the instructor, along with the second booklet for the student to complete. I grade the answers (with the answer key provided with the Metanoia Instructor Materials) and add encouraging comments about the work that the lady has done. Prayer for the inmate is also a part of the ministry. I return the graded booklet to the inmate together with the next lesson in the postage-prepaid envelope provided by Metanoia.

In other words, there is no financial expense to the instructor. All that is asked is that when the prisoner sends the booklet to Metanoia and it is transferred to the instructor, we are asked that the answers are graded and the booklet is returned within one week. The prisoners are looking forward to seeing how they did on the work, and they truly want the encouragement and spiritual uplifting that comes from receiving a hand written note from the instructor.

Be aware that the instructor is not to provide very much personal information to the inmate. No last name, no address, no identifying information of any kind. What we can provide is spiritual encouragement and support as these ladies study the Bible in a very harsh and difficult situation. If notes are written to the prisoner, we are to use the Metanoia return address, not your own.

I have been blessed to do this. My first correspondent did not complete the course as she was released from prison. I am now working with my second inmate who is serving a life sentence. I can attest that what they did and how long a sentence they have is really immaterial. They are women who are seeking to learn of God and of our Savior.

If you want additional information, just ask. I would be glad to assist and answer any question. What a blessing if WHPC could have 5 or 6 women who are working with ladies in prison. Pray about it. See if the Lord leads you in this regard. Love in our Lord Jesus Christ, Linda Mowles

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**A Call To Service:**

As we prepare for the start of the 2016/2017 school and our many ministry activities, we are blessed to have quite a number of opportunities to serve. Please consider how you may be able to say "yes" to at least one of them.

**Volunteers Needed for Backpack Delivery Trip to Stinnett Elementary School on August 19th**

Ten volunteers are needed to deliver backpacks and school supplies to our Mission of Hope School in Stinnett, KY. We need 10 adults to make this trip. Details are as follows for Friday, August 19th: Depart from church 6:00am. Arrive at school 9:00am. We will do two short assemblies followed by the backpack/school supply distribution. We anticipate being back in Knoxville by 7:00pm.



**Wednesday Evening Table Hosts For Community Children:**

Our first Wednesday meal for the new school year will be August 10<sup>th</sup>. Every Wednesday evening, we need 6 adults (2 per table) to monitor the children who eat dinner at the church without their parents in attendance. There will typically be 4-5 children at each table. Time is from 5:30pm-6:30pm.

**Wednesday Evening Elementary Leaders:**

Our first Wednesday evening program night for the new school year will be August 10<sup>th</sup>. Children, ages 3 years -5<sup>th</sup> grade have age level classes to attend. We need 8 people to serve in the 2 classes (3 yrs.-K, 1<sup>st</sup> grade -5<sup>th</sup> grade) doing both teaching and assisting. Time 6:30pm-7:30pm.



**Good News Club Volunteers Needed**

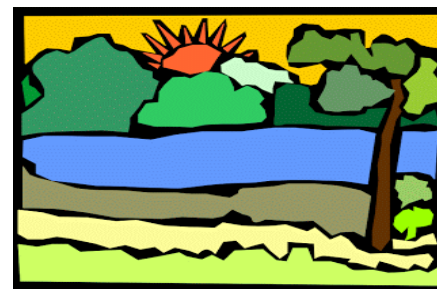
Can you serve on Thursdays from 1:45pm-4:00pm during the school year? Please join us for our 12<sup>th</sup> year of ministry at West Hills Elementary School. Our First Club meeting is September 8, 2016. Fifteen WHPC volunteers lead the Bible Club activities which include: small group prayer and scripture memory time, music, Bible lesson, scripture memory review games, a missionary story, and snacks. The club utilizes teaching materials published by Child Evangelism Fellowship.

**Norris Lake Adventure Day**

Wednesday, July 27 10:00am-4:00pm Ages: 5 years -5th grade under 5yrs if accompanied by parent

Cost: \$5.00 Sign-up by Sunday, July 20 or contact Mitch Townley

Join us for a day of fun at the Norris Dam State Park. We will go swimming in their olympic size pool, have a picnic lunch (Please bring your own), and participate in several of the activities directed by the park rangers. Chaperones are needed.





# July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Prayer Gathering 10am
3 Sunday School 9:30am <b>Worship 10:50am</b> Prayer Gathering 6pm Robert Roboski	4  <b>Church Office Closed</b>	5	6 Choir 6:30pm Dannell Harb	7 WIC Night Circle 6:45pm Noah Mckenzie Clara Abercrombie	8	9 Prayer Gathering 10am
10 Sunday School 9:30am <b>*Communion/ Worship 10:50am</b> WIC Council Mtg Noon. Prayer Gathering 6pm David Joiner Lee Starr	11 Monday Night Group 6:30pm Session/Deacon 7pm	12 WIC Day Circle 10am Carolyn Brakebill	13 Women's Bible Study 10am Summer Bible Camp 10am Choir 6:30pm Bob Eldridge	14	15 G.A.P. 11am	16 Prayer Gathering 10am
17 Sunday School 9:30am <b>Worship 10:50am</b> Prayer Gathering 6pm Andrew Fish	18 Monday Night Group 6:30pm Blue Star Moms 6:30pm Nancy Crocker	19 Melissa Wade Nancy Zimmerman	20 Women's Bible Study 10am Summer Bible Camp 10am Choir 6:30pm	21	22 Ladies Night Out 6:30pm Judy Booth Doris Chandler	23 Prayer Gathering 10am Alexia Tyler
24 Sunday School 9:30am <b>Worship 10:50am</b> Prayer Gathering 6pm Chris Bruffey	25 Monday Night Group 6:30pm	26	27 Choir 6:30pm	28 Logan Owsley	29 John Mullins	30 Prayer Gathering 10am
31 Sunday School 9:30am <b>Worship 10:50am</b> Prayer Gathering 6pm			Did we miss your birthday? Please call the church office and let us know your date. 865-693-2031.	Communion is the second Sunday of every month.		

## Announcements & Prayer Needs:

**Please remember** that the church office needs to approve all note cards, articles, pamphlets, tracts, flyers, announcements, etc. before they are put on the foyer table, church bulletin board, or wall/door sign holders.

**Like to Sing?** We would like to invite any who would like to volunteer to sing in our WHPC sanctuary choir. The choir meets on Wednesday nights 6:30pm for practice. Check with a choir member during the summer, there are some Wednesdays that the choir will not have practice. Also if you can't make practice, come on Sunday mornings to the choir room at 10:20am. We welcome you to join us!

**The 2016 Flower Calendar** is available on the bulletin board across from elevator. If you would like to provide flowers for the sanctuary, please sign your name on the designated date and note if you are giving the flowers "in memory" or "in honor" of a loved one. The cost is \$50.00. Please make your payment to the church, marked "Flowers."

**Needed travel size toiletry items** (shampoo, soap, toothpaste, etc.) for the Children's Hospital. If you have extra travel size toiletry items please bring to the church office. These items are taken to Children's Hospital for the family members of patients. **Please No magazines are needed.**

**Please Pray For:  
WHPC Family & Friends**

Clara Abercrombie  
Charlotte Anderton  
Nancy Crocker  
Ray Dean  
Betty Emery  
Al & Beth Grant  
Tavia Hofferbert  
Shirley Hedrick  
Fay Hontz  
Henry McIlwaine  
Mark McNeil & family  
Bob & Betty Mills  
Bill & Mimi Morrison  
Alice Redman  
Jean Russell, Elise & Briella  
Keith & Cheryl Sowder  
Claudette Starr  
Becky Stokes  
Robert Thio  
Nancy Zimmerman  
Mary Zitzman  
Our Elders & Deacons  
Our Church  
Our Missionaries  
Our nation/President

**WHPC Active Duty Military  
Personnel**

Eric Abercrombie  
Jamie Morris wife of Rob Morris  
Kevin Bell  
Gabe Green  
Scott LaPanne

## Welcome to Our New Members

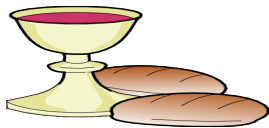
Eric & Myeth Bailey  
& children  
Betty Wilson



(5-22-16 through 6-12-16)

**Average Attendance - 132**

**Average Visitors Attendance - 10**




### COMMUNION

Communion is normally served during worship hour on the second Sunday of each month.

**This month Communion will be served on July 10th.**







**WHPC  
Ladies Night!**

**Friday, July 22, 6:30 p.m. FAC**

**Follow along step by step to create  
your own painting to take home  
or give as a gift! Paint and supplies will be provided.**

**Cost to be determined but will be below \$8.00 per person  
and less for daughters!**

**You must sign up by July 15th  
in the foyer or via email, voicemail or text to  
Sarah Dockery, sbdramaqueen@comcast.net, 865-963-6254.**

**Drinks will be provided but bring a snack to share if you'd like!  
Remember to wear your clothes inside out  
in case you end up wearing your paints!  
A bib apron works well too!**

**May 2016 Financial Report**

**Income**

Actual Income for May: \$36,008.45  
Actual Income for Year-to date: \$151,365.56

**Expense**

Actual Expense for May: \$40,990.26  
Actual Expense Year-to-date: \$206,454.78

**Summary**

Current Month Expenses Exceeds Income by: **\$4,981.81**  
Year-to-date Expenses Exceeds Year-to-date Income by: **\$55,089.22**

\*\*\*\* **The Deadline for the newsletter** is the 15<sup>th</sup> of every month at noon. You may submit your article to Faye Poston, church secretary or email her at [churchofficewhpc@gmail.com](mailto:churchofficewhpc@gmail.com). Include your name with your submission. We reserve the right to edit for style, content and length. \*\*\*\*

## WOMEN'S BIBLE STUDY

*All scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. II Timothy 3:16*

WHO: Women with a desire to study God's Word

WHAT: Ongoing weekly Bible Study;

Facilitator, Dannell Harb

WHEN: June 8 -July 20

Wednesday mornings, 10AM-Noon

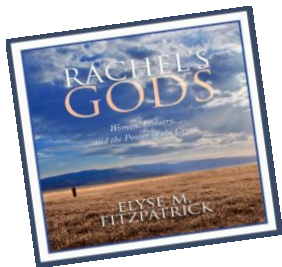
WHERE: WHPC, Room 106



## RACHEL'S GODS

***Women, Idolatry, and the Power of the Cross***

**A STUDY BY ELYSE FITZPATRICK**



- Women have idols
- Women have guilt
- Jesus provides forgiveness
- Each class includes a video segment and a discussion time.
- A study book with questions may be purchased for \$6.
- Child care is available.
- Bring a friend! Visitors always welcome!
- For more information, call Suzanne Fowler (584-2483) or Dannell Harb (584-3553).

## Session Meeting Summary

In May, the Session received notice from Cedar Springs Presbyterian Church that Mr. Ken Reed and Mrs. Debbie Reed had transferred their membership from WHPC, so they were dismissed from our roll. We also began the singing of Psalms from several of the many Psalm-based hymns in our Trinity Hymnal. The Foreign Missions Committee noted that it is receiving a number of "memorial contributions", and a letter of acknowledgement is sent to the donors. A trip to Cuba is planned for October, 2016. We also have begun implementing improvements to building security. At our most recent meeting, we also updated our Child Protection Policy in the area of "helpers" in youth programs other than the nursery. We also, in recognition of Mitch Townley's twenty years of faithful service, increased his current three week vacation allowance to four weeks. Minutes are available for you to read in the church office.



## MONDAY MOMS.

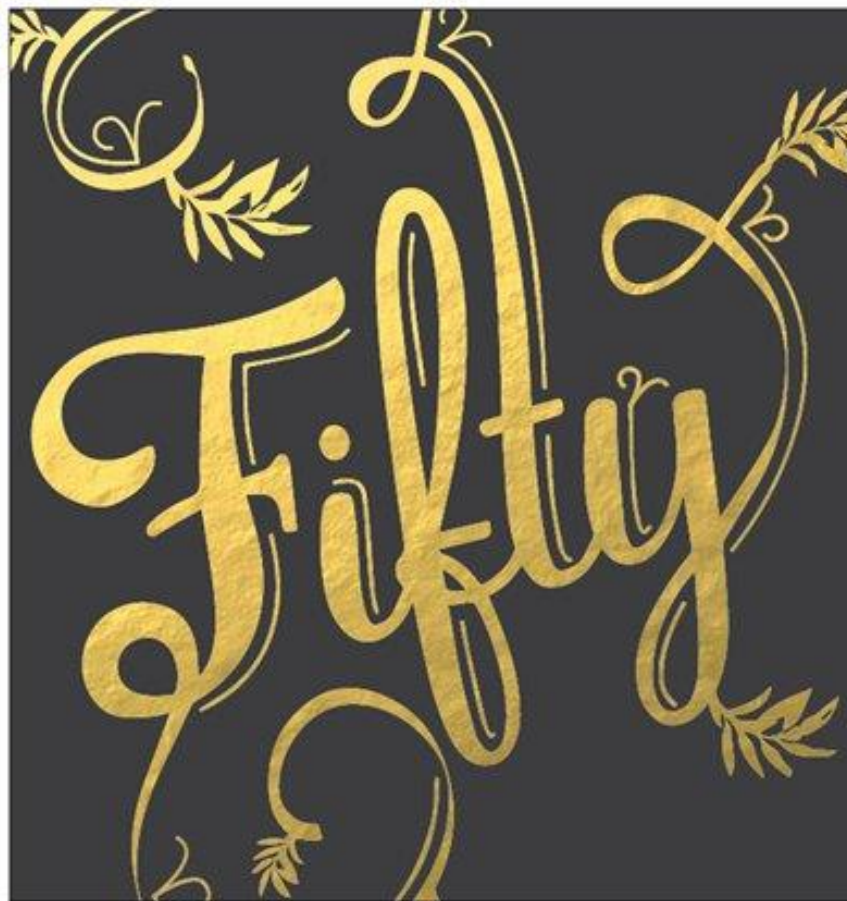
In accordance with Titus 2:1-5, we strive to serve the younger women in the community by teaching them how to be a better wives, mothers, and children of the one true and holy God. This study utilizes various media to study three units per year, focusing on God's plan for marriage, God's plan for parenting, and our personal relationships with God. We pray for one another and encourage each other to memorize Scripture. We bear each other's burdens, sharing our joys and sorrows. Visitors are welcome, and childcare and study materials are provided.

While the inimitable leader and creator of the Monday Moms gathering has fled the coop to Florida, there are still Monday Moms here at West Hills Presbyterian Church. We will be meeting on, you guessed it, Mondays during the school year, using the Knox County Board of Education calendar. August 8 is a ½ day for students, so to avoid too much hassle on that day, we will set the first Monday Moms meeting for Monday, August 15, at 10:00 a.m. in the church Parlor.

The first course study that we will be using is from Ligonier Ministries, [Developing Christian Character](#), by Dr. R. C. Sproul. There is a video presentation with workbooks and discussion questions provided. We know that we are characters, but do we have a Christian character? That is what we will be discussing -- how we get it, what it looks like, and how we show it to the world.

The leaders for the Monday Moms are Linda Mowles and Harriott Mitchell. If you have been in the Monday Moms group before, you know it is a wonderful time to fellowship and grow in the Word. If you know of women who have not come to Monday Moms before, invite them and encourage them to come. August 15, 2016 is the perfect time to begin with the Monday Moms!





You are cordially invited to  
a 50th Wedding Anniversary Celebration  
in honor of

**DICK AND SHARON  
BOWLES**

2:00 - 4:00 PM  
July 9th, 2016

West Hills Presbyterian Church  
7600 Bennington Drive  
Knoxville, Tennessee 37909

Please No Gifts

Hosted by Matt and Amy Bowles &  
Ryan and Glenda Bowles

