

Biblical Fellowship Week 3: Core Drivers

	Life Themes	Fear Triggers	Pursuits	Denial Habits
Safety	Financial security, social power, physical safety (e.g. locks or a curfew), people who help you feel safe	The unknown, anything that threatens your well-being or what/who you love	More ways to hedge in yourself or what/who you love	Reckless living, no cares or attachments, purposeful destruction of property
Love	Relationships, intense affection	When you sense you can't meet the conditions of those whose love you're seeking, when you sense you are not desired or cherished, a sense something is "wrong", missing, or broken with you	What others want from you, how to be an ideal and worthy person for them, reciprocal loyalty and affection	"I don't need anyone" mentality, self-love at any cost (e.g. even at the cost of accepting sinful traits)
Acceptance	Being indispensably "in", exclusive groups, high-commitment relationships, social control (e.g. knowing others' secrets)	Abandonment, betrayal, condescension, negative slander or gossip	Ways to secure a definite, long-lasting position in your relationships or communities	"Lone wolf" living, unreliability, intentionally aggressive to sabotage connections
Value	Achievements, accomplishments, righteous living, self-investment and self-development	Failure to meet your or others' standards, rejection due to inadequacy, personal stagnancy	Anything to stay relevant, useful, or interesting, what others need, ways to fill others' needs, personal integrity	Giving up, no goals or desires, laziness, moral corruption
Enjoyment	Vacations, sex, food, drugs, or luxury (cars, houses, clothes)	Anything that is dull, monotonous, or difficult, anything that gets in the way of having a good time	Hedonistic pleasure, the freedom to do whatever you want	Asceticism: discipline, routine, punishment
Significance	Fame, popularity, status, obsession with someone's view of you (including your own view of yourself)	When you sense you are not the most important person or the best at something, when you sense you are not living meaningfully, mattering, or making a difference	Social status, an "edge" that no one else has, anything to make you more important	Victimization, martyrdom, self-neglect

Questions to find your Core Driver:

- **Look at your story.** What has driven you across your whole life? What motivates you to get out of bed today?
- **Look at your stress.** What most causes you stress on the day-to-day? Why? In your recurring fears, what is lost?
- **Look at memories of intense pride or humiliation.** What was at the root of those moments? Why did they feel so amazing - or so horrifying?
- **Look at your money.** Where do you spend the most money? Where do you bleed "accidental" money? Where do you not spend? Why?