

## Biblical Fellowship Week 4: Warring Core Beliefs

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### Romans 7:22-23 says we have two selves:

1. Our \_\_\_\_\_ has always been with us. It tries to convince us that we must have our Core Driver at all costs, especially above God. It takes an event where we were rocked (or takes a fear we have) and pushes us to devote our lives to it to avoid a similar pain.
2. Our \_\_\_\_\_ is our true self. It is rooted in God loving us with all He has and is. It teaches us to forgive, heal, and see the times we were rocked as ways to grow to know that God is first no matter what

### These two selves lead to two warring Core Beliefs:

1. The \_\_\_\_\_ Core Belief tries to take an especially painful time, or fear of an especially painful time and make that central to avoid. We develop an over-desire to protect ourselves instead of trust God.
2. The \_\_\_\_\_ Core Belief comes from when we accept the Gospel and is based on the centrality of Christ and us being lost in utter devotion and love to Him. This is the true self that we keep for all eternity.

### Our Core Beliefs have 3 hidden/implicit components:

1. A \_\_\_\_\_: we do not, cannot, or should not have our Core Driver.
2. A \_\_\_\_\_: therefore, we must achieve our Core Driver apart from God.
3. A \_\_\_\_\_: if we fail, we will be left in pain, suffering, despair, etc.

### Questions to find your Core Belief:

1. Do you believe in **the Gospel**?
  - a. Do you believe that God is perfect? Do you believe that He alone is worthy of your worship? Do you believe He is both your Judge and Creator?
  - b. Do you believe man is intrinsically and helplessly sinful? Do you believe that you have failed to give God the worship He deserves as your Creator? Do you then also recognize that He has full right to judge you and that you can do nothing on your own to make yourself right with Him? Do you acknowledge that you deserve eternal separation from Him as a result of your sinfulness?
  - c. Do you believe that Christ came to this earth to justify us? Do you believe that He took the punishment we deserve and allowed us a renewed relationship with God the Father as spiritual sons and daughters? Do you believe that He secured our salvation perfectly, so that we can never lose and/or regain our right standing with God?
  - d. Do you believe that, out of the amazing love God has shown us, the only response we could give is to seek to repent of our sinfulness and then adore and enjoy God in all of our lives?
2. How have **past experiences** confirmed and informed your Core Belief?
  - a. What were some of the most upsetting or horrifying moments of your life? In those moments, what did you come to learn about yourself and about God?
  - b. How did God fail to provide? How did God fail to show Himself as sovereign? How did God fail to show Himself as good?
  - c. What did you start to do differently? Did you yourself change? Why?
  - d. How did you calm down from the moment? What made those things, techniques, or people so effective?
3. In your childhood, what did your **family** believe, discipline, and reward?